

Reebok

CATALOGUE 2018



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CARDIO



JET SERIES AIR MOTION

Three technology-focused treadmills, a bike and a cross trainer form the Jet Series, sporting individual bold colourways to clearly represent each model.

AIR MOTION TECHNOLOGY

Superior cushioning is achieved through Air Motion Technology which creates an undercurrent to cushion the initial foot strike and enhance the toe-off. This technology cushions the impact across multiple pockets of air and channels the airflow back through the runner's gait cycle - incredibly important when it comes to running efficacy and proper form.

Ultimately, the unique airflow cushioning helps to reduce joint impact, enabling you to work out for longer.





JET 100 TREADMILL

RVJF-10121BKBT

Bluetooth

RUN ON AIR

The Jet 100 treadmill is part of the Reebok Jet Series and features air motion technology in its 130 x 43cm running deck. The cushioning air pods transfer air to adapt to the users' foot strike - these moving air channels help to reduce ground reaction force to prevent the potential of overuse injuries when running. Ultimately, the unique airflow cushioning helps to reduce joint impact, enabling you to work out for longer.

UP AND RUNNING IN NO TIME

Powered by a 2HP drive motor, the Jet 100 can reach a maximum speed of 16kph. You can easily select the desired speed via the incremental buttons on the console, or the direct speed keys to progressively take you straight to the pace you need to be running at.

The treadmill can be set to 12 different incline levels for uphill running, walking or incline training and offers 24 programs to choose from which when selected, appear on the clear console display.

90% assembled on delivery, the Jet 100 can be up and running in no time plus its soft drop folding mechanism makes it a space saving option for those looking to keep fit without needing to venture to the gym.

Not forgetting those finer details, the Reebok Jet 100 treadmill is MP3 compatible with integrated speakers enabling you to work out to your favourite running soundtracks.

- 2.0 HP Duty Motor
- 16 KPH Max Speed
- 24 Console Programs
- 12 Levels of Electronic Incline
- Air motion cushioning
- MP3 Input With Speakers
- 171 (L) x 78 (W) x 139 (H)



JET 200 TREADMILL

RVJF-10421BKBT

Bluetooth

AIR MOTION TECHNOLOGY

The Jet 200 treadmill is part of the Reebok Jet Series and features air motion technology in its 140 x 46cm running deck. The cushioning air pods transfer air to adapt to the users foot strike - these moving air channels help to reduce ground reaction force to prevent the potential of overuse injuries when running. Ultimately, the unique airflow cushioning helps to reduce joint impact, enabling you to work out for longer.

THE FINER DETAILS

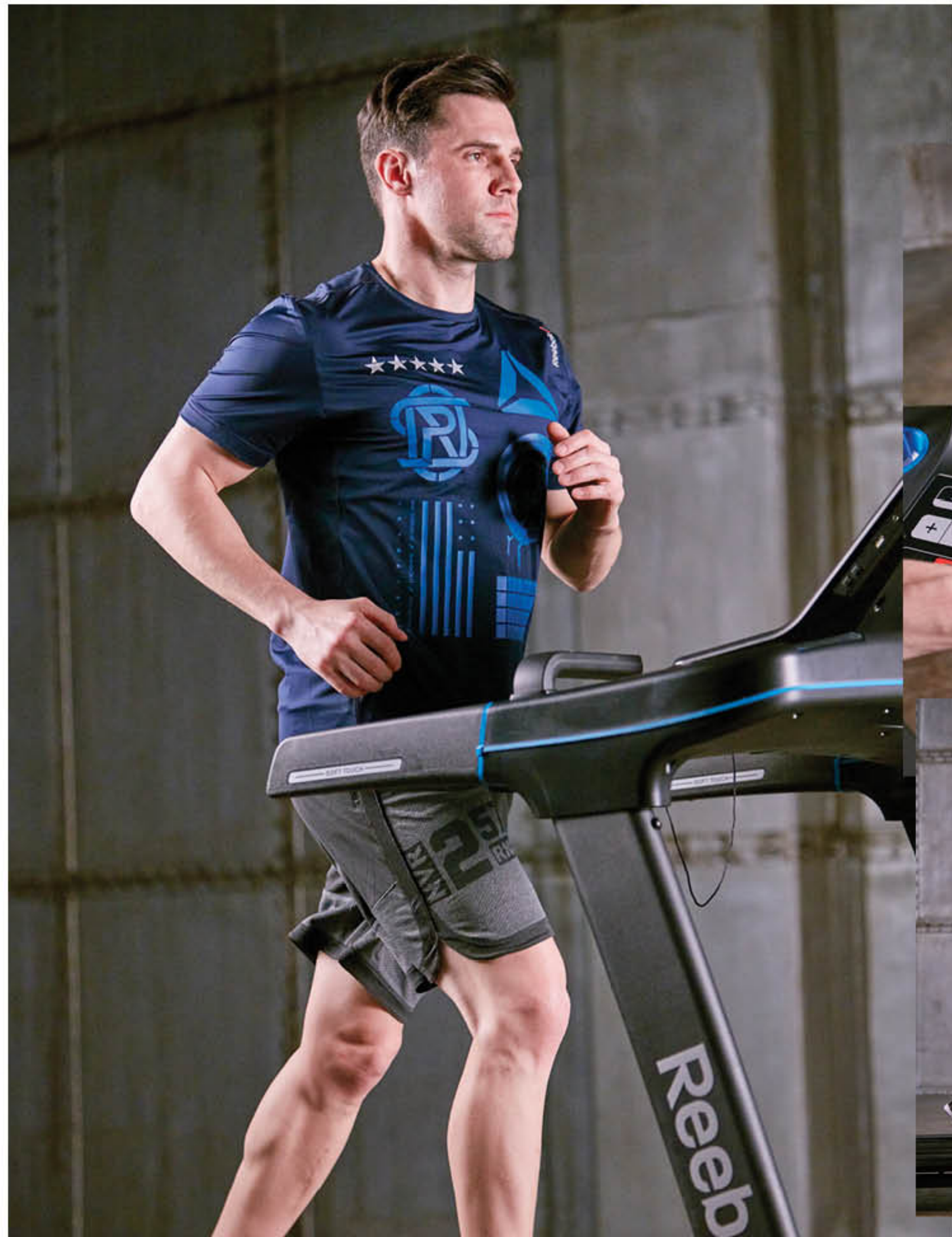
Powered by a 2.25HP drive motor, the Jet 200 can reach a maximum speed of 18kph. You can easily select the desired speed via the incremental buttons on the console, or the direct speed keys to progressively take you straight to the pace you need to be running at.

The treadmill can be set to 15 different incline levels for uphill running, walking or incline training and offers 24 programs to choose from which when selected, appear on the clear console display.

90% assembled on delivery, the Jet 200 can be up and running in no time plus its soft drop folding mechanism makes it a space saving option for those looking to keep fit without needing to venture to the gym.

Not forgetting those finer details, the Reebok Jet 200 treadmill is MP3 compatible with integrated speakers enabling you to work out to your favourite running soundtracks.

- 2.25 HP Duty Motor
- 18 KPH Max Speed
- 24 Console Programs
- 15 Levels of Electronic Incline
- air motion cushioning
- MP3 Input With Speakers
- 181 (L) x 78 (W) x 139 (H)



JET 300 TREADMILL

RVJF-10721B&BT

Bluetooth

CUSHIONING AIR PODS

The Jet 300 treadmill is part of the Reebok Jet Series and features air motion technology in its 150 x 51cm running deck. The cushioning air pods transfer air to adapt to the users' foot strike - these moving air channels help to reduce ground reaction force to prevent the potential of overuse injuries when running. Ultimately, the unique airflow cushioning helps to reduce joint impact, enabling you to work out for longer.

CONTROL YOUR WORKOUT

Powered by a 2.5HP drive motor, the Jet 300 can reach a maximum speed of 20kph. You can easily select the desired speed via the incremental buttons on the console, or the direct speed keys to progressively take you straight to the pace you need to be running at.

The treadmill can be set to 15 different incline levels for uphill running, walking or incline training and offers 27 programs to choose from which when selected, appear on the clear console display.

95% assembled on delivery, the Jet 300 can be up and running in no time plus its soft drop folding mechanism makes it a space saving option for those looking to keep fit without needing to venture to the gym.

Not forgetting those finer details, the Reebok Jet 300 treadmill is MP3 compatible with integrated speakers enabling you to work out to your favourite running soundtracks.

- 2.5 HP Duty Motor
- 20 KPH Max Speed
- 27 Console Programs
- 15 Levels of Electronic Incline
- Air motion cushioning
- MP3 Input With Speakers
- 192 (L) x 86 (W) x 143.5 (H)



JET 100 CROSS TRAINER

RVJF-10111BK

EFFECTIVE CARDIO WORKOUT

The Reebok Jet 100 Series Cross Trainer is a highly effective piece of cardiovascular equipment which simultaneously works both the upper and lower muscle groups. Operating from a large 9kg internal flywheel, the Jet 100 cross trainer provides a smooth, quiet motion and is ideal for lower impact workouts. Though that's not to say you can't achieve a higher intensity workout on the elliptical...

VARIED WORKOUTS

Resistance levels are essential for increasing fitness capability and progress. The Jet 100 keeps you consistently challenged with 32 levels of resistance which are easily controlled through the sleek 5" LCD display. Likewise, the 19 programs (including 12 pre-set plus 7 individual programs) act as another stimulant for varying your elliptical training. The backlit display enables you to monitor time elapsed, distance covered, heart rate as well as how many calories are burned through a session. To ensure you're in the fat burning zone, and to keep an eye on your heart rate throughout the exercise, the Jet 100 Cross Trainer features conveniently placed pulse sensors on the handlebars. Simply grasp the sensors with both hands and the heart rate measurement will appear on the display.

- 9kg flywheel
- 32 levels of resistance
- Slip resistant footplates
- 19 console programs
- hand pulse sensors
- 15" stride length
- 169 (L) x 63 (W) x 144 (H)



JET 100 SERIES BIKE

RVJF-10101 - BLACK | RVJF-10101BK - WHITE

TRACK YOUR PROGRESS

The Reebok Jet 100 Series Exercise Bike provides a comprehensive set of features to help you benefit from the best possible cycling workout. With a large 5 inch LCD screen with dual backlight, you can easily view your progress as well as key performance statistics such as; speed, time elapsed, distance and your pulse, which is recorded via the conveniently located pulse sensors on the bike's handlebars.

CHALLENGE YOUR MUSCLES

Cycling provides a fantastic cardiovascular workout and focuses on the lower body muscles, with the glutes, hamstrings and quads constantly engaged throughout the exercise. The 32 levels of resistance provided by the Jet 100 bike challenge these muscles further, and coupled with 19 programs you can keep your workouts varied.

The upright bike boasts a 9kg flywheel, adjustable pedals and a comfort saddle which all go towards facilitating a smooth and comfortable bike ride.

- 9kg flywheel
- 32 levels of resistance
- lcd screen
- 19 console programs
- hand pulse sensors
- Adjustable seat & HANDLEBAR
- 102 (L) x 48 (W) x 132 (H)





ZJET 430 TREADMILL

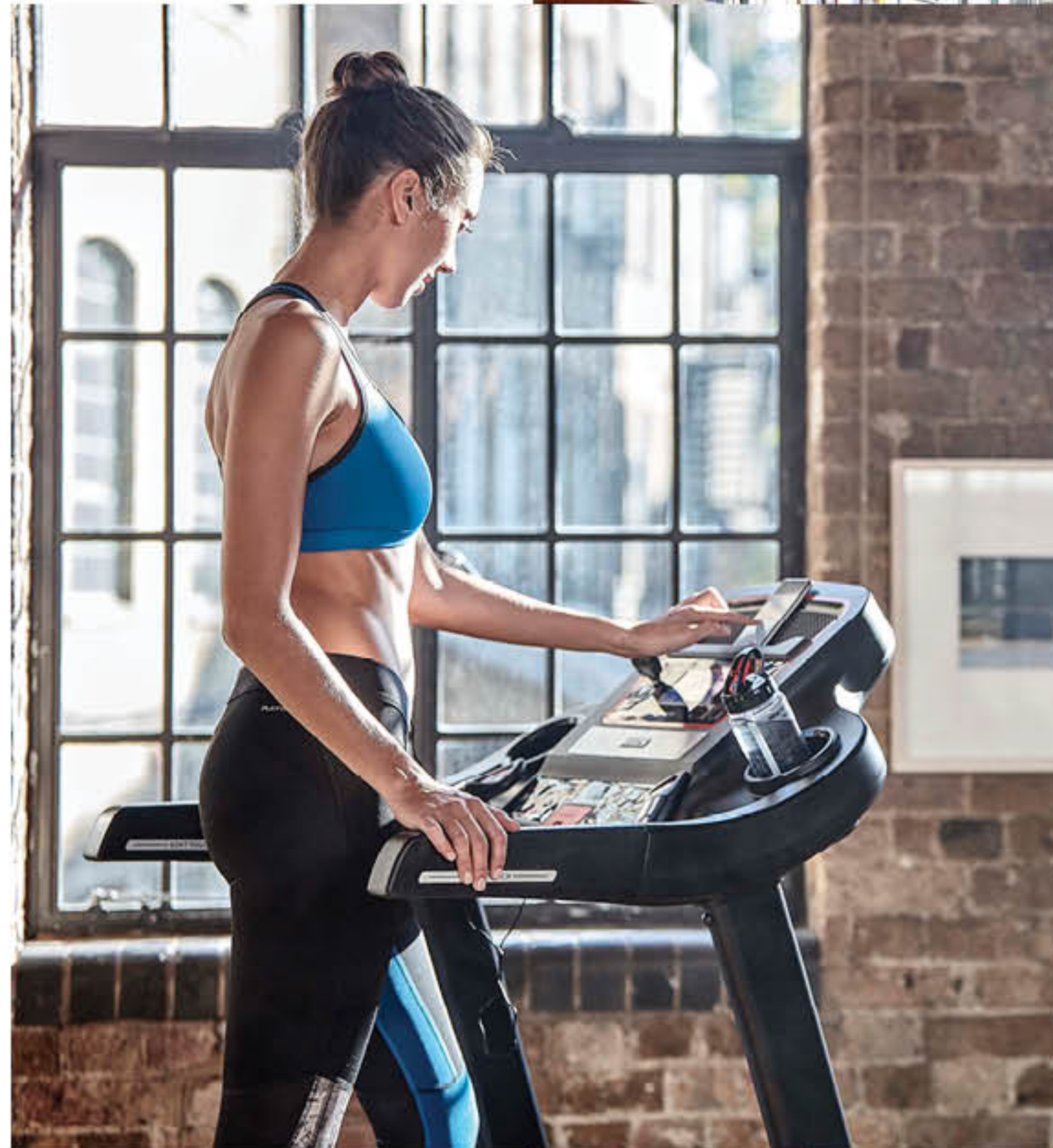
RVJF-10221BKBT

The Reebok Z-Jet 430 Treadmill features signature air motion technology within its 130 x 43cm running area. The technology provides effective air pod cushioning to reduce the impact upon joints whilst running to prevent injuries. Powered by a solid 2 HP motor, the Z-Jet 430 has a max speed of 16 km/h at 12 incline levels, making it perfect for incline and interval training. Fit for both high intensity and steady state cardio the Z-Jet 430 caters for all abilities with 24 pre-programmed workouts.

The ZJET 430 Treadmill is also compatible with the Reebok Fitness app. The Bluetooth dongle (included) allows you to track and monitor your training whilst planning routes virtually anywhere in the world from your own home.

Speed and incline are set easily on the console's interface with shortcut keys making transitions even simpler. The 5" LED screen provides in-depth workout data whilst built-in pulse sensors allow you to track your heart rate and stay in your optimal zone. The treadmill also features MP3 compatibility, adjustable cooling fan and foldable functionality; making the Z-Jet 430 a comprehensive, convenient and space-saving option for the at home runner.

- 130 x 43cm running area
- 24 pre-set programmes
- 5" LCD backlit display
- Bluetooth connectivity via dongle (included)
- Compatible with the Reebok fitness app
- Integrated hand grip pulse sensors
- MP3 connectivity and built-in speakers
- Power Incline - 12 levels of electronic incline
- Reaches a maximum speed of 16km/h
- Soft-drop folding mechanism
- Solid 2HP motor





ZJET 460 TREADMILL

RVJF-10521BKBT

The Reebok Z-Jet 460 Treadmill features signature air motion technology but has an increased running area 140 x 46cm. The technology provides effective air pod cushioning to reduce the impact upon joints whilst running to prevent injuries, the same as the 430. Powered by a slightly bigger 2.25 HP motor, the Z-Jet 460 has a max speed of 20 km/h at 15 incline levels, making it perfect for more intense incline and interval training. Fit for both high intensity and steady state cardio the Z-Jet 460 caters for all abilities with 24 pre-programmed workouts.

The ZJET 460 Treadmill is also compatible with the Reebok Fitness app. The Bluetooth dongle (included) allows you to track and monitor your training whilst planning routes virtually anywhere in the world from your own home.

Speed and incline are set easily on the console's interface with shortcut keys making transitions even simpler. The larger 5.75" LED screen provides in-depth workout data whilst built-in pulse sensors allow you to track your heart rate and stay in your optimal zone. The treadmill also features MP3 compatibility, adjustable cooling fan and foldable functionality; making the Z-Jet 430 a comprehensive, convenient and space-saving option for the at home runner.

- 140 x 46cm running area
- 24 pre-set programmes
- 5.75" LCD backlit display
- Bluetooth connectivity via dongle (included)
- Compatible with the Reebok fitness app
- Integrated hand grip pulse sensors
- MP3 connectivity and built-in speakers
- Additional tray storage with built-in fan system
- Power Incline - 15 levels of electronic incline
- Reaches a maximum speed of 20km/h
- Soft-drop folding mechanism
- Solid 2.5HP motor



ONE SERIES CUSHIONING

WHAT IS IT?

Reebok ONE Series Cushioning takes the natural gait cycle of running and divides it up into three distinct transitional zones which are built into the treadmill running deck. These zones are designed to mimic the natural movement and transition of the human foot, helping to make runs more efficient and comfortable.

The three zones work seamlessly together within the single running deck, hence the name ONE.

HOW DOES IT WORK?

The first zone at the front of the running deck helps to address CONTACT in the heel by featuring a soft reactive surface, which immediately absorbs the impact on strike.

The second MIDSTANCE zone ensures the natural transition of the foot is a smooth and seamless one.

The third PROPULSION zone at the rear of the running deck is equipped with a firm, responsive surface, which delivers forward energy during the toe-off phase.





GT40 TREADMILL

RVDM-101219KBT



FEATURES AND FUNCTIONS

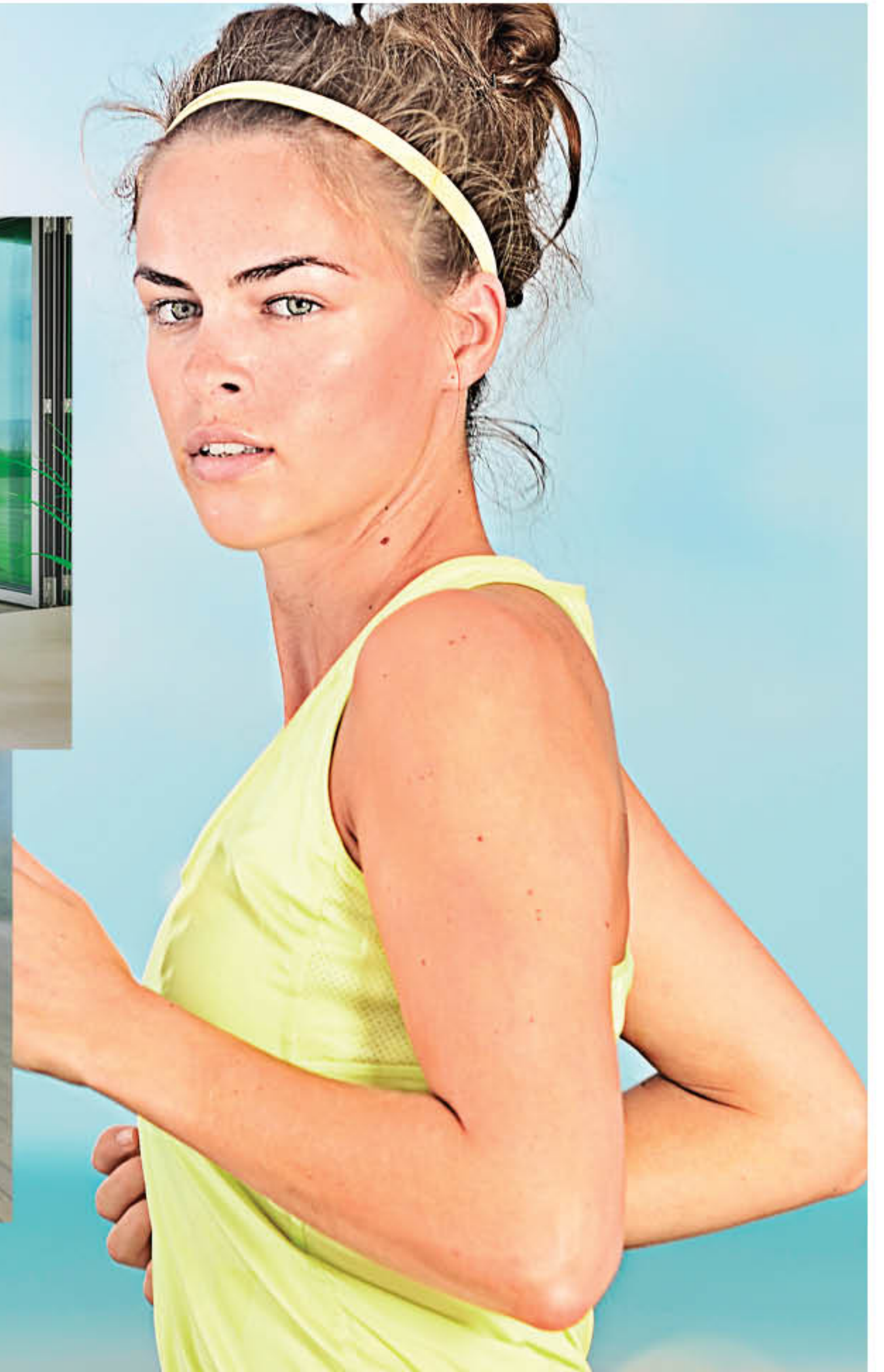
The Reebok GT40 Treadmill offers excellent value as a piece of exercise equipment with no compromise on features. A large 7" LCD display with quick speed and incline buttons provides easy access for a varied treadmill workout, with all the expected user feedback functions including speed, time, distance, calories, pulse and incline. The inclusive features housed within the console offer excellent variety with 16 console programs, a max speed of 16km/h and 12 levels of electronic incline, all supported by the 2.0HP continuous duty motor.

The soft-drop folding function provides extra convenience and safety whilst the built in transport wheels allow you to move the treadmill around easily and efficiently.

ENHANCE YOUR WORKOUT

The GT40 has built in pulse sensors to track your heart rate as you run to the beat with the integrated MP3 input and speaker system. The running area of 43 x 130cm provides ample space for long distance runs, which are further enhanced by the unique ONE Series cushioning system, designed to deliver a smooth, comfortable running experience.

- 2.0 HP Duty Motor
- 16 KPH Max Speed
- 16 Console Programs
- 12 Levels of Electronic Incline
- ONE Series Cushioning
- MP3 Input With Speakers
- 173 (L) x 80 (W) x 136 (H)





GT40S TREADMILL

RV0N-101218K-AR

FEATURES AND FUNCTIONS

The Reebok One GT40s treadmill with integrated ONE Series cushioning is a must-have for any fitness fanatic.

Featuring a 2HP motor, the GT40s lets you run up to 16kph (9.9mph) on its generously sized 130 x 43cm running area. Direct speed and incline controls take you to where you need to be, or you can opt for the incremental controls to gradually increase the speed and incline level, of which there are 12. Don't lose motivation - equipped with 40 workout programs, the GT40s keeps exercise varied every time you step on.

ENHANCE YOUR WORKOUT

Vital run statistics such as speed, time, distance, calories burned, pulse and incline are also displayed on the clear 5" LCD blue backlit display. With no compromise on features, the GT40s offers the perfect way to get fit in the comfort of your home.

- 2.0 HP Duty Motor
- 16 KPH Max Speed
- 40 Console Programs
- 12 Levels of Electronic Incline
- ONE Series Cushioning
- MP3 Input With Speakers
- 168 (L) x 85 (W) x 133 (H)





GT50 TREADMILL

RVDM-104218KBT



VARIED AND CHALLENGING

The Reebok GT50 Treadmill is a serious piece of fitness equipment designed around a comprehensive set of features to provide you with a varied and challenging workout. As with all the treadmills within the ONE Series line, the GT50 includes the ONE Cushioning system to provide you with a smooth, natural workout. The soft-drop folding mechanism provides extra convenience and safety, while the built-in transport wheels allow you to move the treadmill around easily and efficiently.

The features included within the Reebok GT50 treadmill are easily controlled via the sleek console which features a cooling fan and integrated MP3 input with speakers, so you can enjoy your workout even more. User feedback features include speed, time, distance and calories. You can also measure your heart rate easily and efficiently using either the hand or wireless pulse receiver.

BOOST YOUR PERFORMANCE

The 34 different console programs allow you to vary your workout each and every time you step on to the large 48 x 140cm running deck. Coupled with the 15 levels of electronic incline, a top speed of 18kp/h, and a 2.25HP continuous duty motor, you can challenge yourself on any number of settings to boost your cardiovascular performance.

- 2.25 HP Duty Motor
- 18 KPH Max Speed
- 34 Console Programs
- 15 Levels of Electronic Incline
- ONE Series Cushioning
- MP3 Input With Speakers
- 184 (L) x 83 (W) x 136 (H)





GT60 TREADMILL

RVDM-107219KBT



BUILT FOR POWER

The Reebok GT60 Treadmill boasts a wide range of features making it the top of the line treadmill within the ONE Series line. The powerful 2.5HP continuous duty motor provides a maximum speed of 20km/h, which drives the large 145 x 51cm running belt. The ONE Cushioning system is seamlessly built into the treadmill deck to provide a unique, natural running platform.

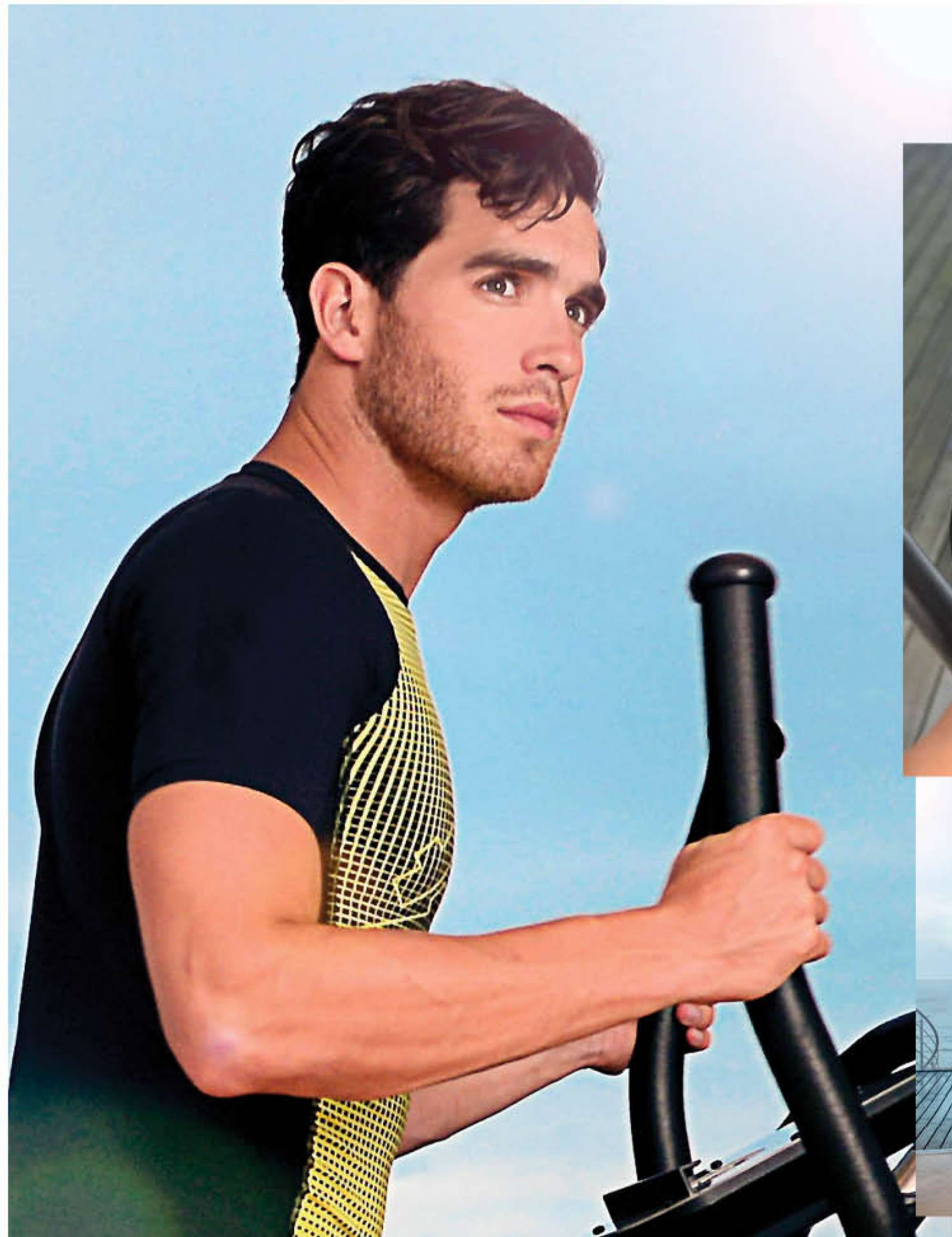
The stylish 7" LCD display controls a number of the key features the GT60 has built into its system. 15 different levels of electronic incline provide an excellent choice of intensity combinations to cater for all levels of fitness. For those who want to get on and go, the GT60 also offers 34 different console programs, which combine different inclines and speeds for a varied workout.

KEEP TRACK OF YOUR PROGRESS

The GT60 treadmill provides you with all of the necessary feedback you need including speed, time, distance, incline, and calories burned. The hand or wireless pulse receivers will keep track of your heart rate while you power through your workout. The built in MP3 input and speaker system lets you listen to all your favourite tunes throughout your workout, while the integrated cooling fan will keep you fresh and cool to run for longer.

- 2.5 HP Duty Motor
- 20 KPH Max Speed
- 34 Console Programs
- 12 Levels of Electronic Incline
- ONE Series Cushioning
- MP3 Input With Speakers
- 168 (L) x 85 (W) x 133 (H)





GX40 CROSS TRAINER

RV0N-1011BK

UPPER AND LOWER BODY EXERCISE

The Reebok GX40 Cross Trainer provides all-round fitness for an excellent cardiovascular workout to help tone both your upper and lower body without impacting your joints. A benefit of the GX40 is the presence of both fixed and action handlebars which allow you to vary your workout by integrating upper body movements to suit your favoured workout positions, while increasing the intensity of the exercise.

The LCD display provides user feedback including speed, time, distance, calories burned and pulse so you can keep track of your workout statistics. The console also houses a number of features including 4 workout programs and a built in phone/MP3 holder so you can listen to your favourite music throughout your workout.

TAILOR YOUR WORKOUT

The Reebok GX40 Cross Trainer has a spacious 15" stride length, non-slip adjustable footplates and a 7kg flywheel to provide a smooth elliptical motion for every workout session. In addition to the 4 workout programs there are 8 different manual resistance levels to help you tailor your workout to your own individual needs.

- 7kg flywheel
- 8 levels of resistance
- adjustable footplates
- 4 console programs
- hand pulse sensors
- 15" stride length
- 143 (L) x 64 (W) x 167 (H)



Reebok

GX40S CROSS TRAINER

RV0N-1011BK-AR

FEATURES AND FUNCTIONS

The Reebok GX40s ONE Series Cross Trainer provides a total body workout without the harsh impact on your joints. The higher the resistance (choose from 32 levels), the more exertion required to push down on the slip resistant foot plates and move the handlebars. If you're looking to focus on the lower body only, grip the fixed handlebars as an alternative targeted exercise.

20 console programs on the GX40s include 12 pre-set, 3 target (time, distance covered and calories burned), manual, watts control, heart rate control, recovery and 1 user defined program - so there's plenty of options to choose from to make your workout unique every time.

ENHANCE YOUR WORKOUT

During your training program you can command the workout data you need to improve results; these can be easily monitored on the 5.5" LCD display. Plus, the cross trainer's handlebars feature hand pulse sensors enabling you to pick up your heart rate at any time during the workout.

Throughout the workout you'll find the GX40s operates with minimal noise and is sturdy in its stature with floor level adjustment. If you need to move your cross trainer to another room in the house, no problem - the GX40s features integrated wheels for easy manoeuvrability. Assembling your cross trainer is fuss-free too. It comes with an assembly manual and clear labelling to ensure you're guided through each step.

- 9kg flywheel
- 32 levels of resistance
- adjustable footplates
- 20 console programs
- hand pulse sensors
- 15" stride length
- 135 (L) x 72 (W) x 169 (H)



GX50 CROSS TRAINER

RV0N-10411BK

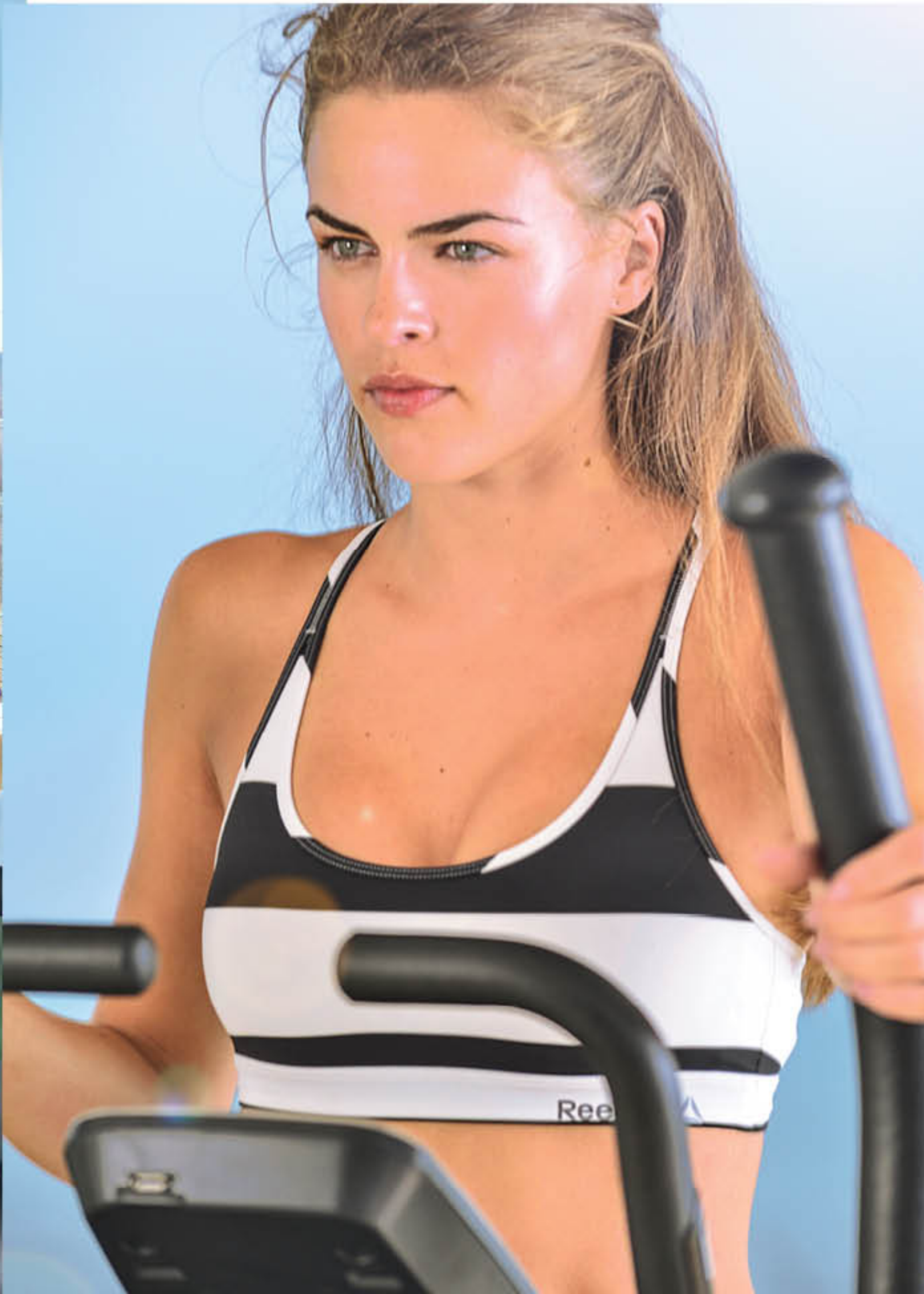
EFFECTIVE CARDIO WORKOUT

The Reebok GX50 Cross Trainer has all the features you need for an excellent cardiovascular workout to benefit both your upper and lower body without impacting your joints. The GX50 Cross Trainer offers a varied exercise platform in that you can alter the intensity of your workout through the use of the fixed or action handlebars. The 32 resistance levels, 23 individual console programs, user profiles and heart rate control can all be managed easily and efficiently through the large, LCD display screen which also provides all the necessary user feedback stats including speed, time, distance, calories and pulse.

SMOOTH ELLIPTICAL MOTION

The GX50 Cross Trainer has a 15" stride length with non-slip adjustable footplates and a heavy 9kg flywheel to provide you with an ultra-smooth elliptical motion for every workout session. To keep you hydrated and working out for longer, the GX50 Cross Trainer includes a water bottle holder and a built in phone/MP3 holder to keep you moving to your favourite tracks.

- 9kg flywheel
- 32 levels of resistance
- adjustable footplates
- 23 console programs
- hand pulse sensors
- 15" stride length
- 144 (L) x 63 (W) x 169 (H)



GX60 CROSS TRAINER

RV0N-10711BK

SELF-GENERATING POWER

The Reebok GX60 Cross Trainer has all the features you need for a varied and effective cardiovascular workout. Alter the intensity of your workout through the use of the fixed or action handlebars by adjusting your body to pull the handles or push the footplates to activate your upper and lower body muscles.

A unique feature of the GX60 Cross Trainer is the self-generating power system which means you can place your equipment in the home without the need for an electrical power source. Your motion powers every feature of the GX60 from the console through to the electronic resistance. The LCD console gives you easy access to the 20 individual programs, and 32 electronic resistance levels to vary your workout further.

MONITOR YOUR PROGRESS

The user profile program allows you to track your progress via the LCD display screen, which also provides you with all the necessary user feedback features including speed, time, distance and calories burned. The integrated hand and wireless pulse receivers also help you check your heart rate throughout the workout.

The GX60 Cross Trainer has a long 15" stride length with non-slip adjustable footplates and a heavy 7kg flywheel to provide you with an ultra-smooth elliptical motion for every workout session. To keep you hydrated and working out for longer, the GX60 Cross Trainer includes a water bottle holder and a built in phone/MP3 holder to keep you moving to your favourite tracks.

- 7kg flywheel
- Self generating power system
- 32 levels of resistance
- adjustable footplates
- 20 console programs
- hand / wireless pulse sensors
- 15" stride length
- 144 (L) x 63 (W) x 173 (H)



GB40 BIKE

RVDM-101018K

INDIVIDUAL FITNESS PROGRAMMES

The Reebok GB40's sizeable 6kg flywheel provides a smooth cycling motion. The 4 integrated fitness programs are easily adjustable via the console without interrupting your workout. With the easy to use LCD screen, the GB40 Bike allows you to easily view your vital statistics such as time, distance or calories burned. You can also keep track of your pulse rate with the conveniently located hand pulse sensors on the handlebars.

TARGET MUSCLES PROGRESSIVELY

Additional features such as the adjustable saddle, handlebars and foot straps ensure you have an enjoyable, comfortable and efficient workout. Cycling is a great workout for a number of different muscles including the glutes, hamstrings and quads. The 8 different manual resistance levels can help you target these muscles progressively ensuring you are in control of your workout.

- 6kg flywheel
- 8 levels of resistance
- lcd screen
- 4 console programs
- hand / wireless pulse sensors
- adjustable seat
- 100 (L) x 52 (W) x 130 (H)





GB40S BIKE

RV0N-101018K

FEATURES AND FUNCTIONS

The Reebok GB40s boasts a comprehensive feature set which covers everything you could possibly need from an exercise bike for your at-home workouts.

Let's start with the flywheel weight. The heavier the flywheel, the more inertia required to spin the flywheel. Basically this means the heavier the flywheel, the smoother the ride. The GB40s certainly delivers this with its 9kg flywheel providing a fluid pedalling motion throughout your workout.

Secondly, the Reebok GB40s exercise bike offers an extensive 32 levels of resistance. Increasing the resistance setting mimics a challenging uphill ride and as you increase these levels overtime, your endurance improves and your muscles grow stronger. Interval training is the perfect exercise method which makes the most of the variety of resistance levels as you alternate between high and low intensity cardio.

ENHANCE YOUR WORKOUT

The GB40s features a selection of in-built training programs designed to keep you on top of your game. Whatever your end goal, choose from 12 pre-set programs, target time, distance or calories, as well as manual, 1 user defined program, watts control, heart rate control and recovery. Remember to keep well hydrated before, during and after working out. The GB40s makes this easy with its water bottle holder right in front of you.

When you need to keep an eye on how you're performing during exercise, check the GB40s' bright 5.5" LCD display to gain essential feedback including speed, time elapsed, distance covered, calories burned, pulse, watts and RPM. Plus, keep your heart rate where you need it to be by taking a hold of the integrated, responsive hand pulse sensors on the bike's handlebars.

- 6kg flywheel
- 32 levels of resistance
- lcd screen
- 20 console programs
- hand pulse sensors
- adjustable seat
- 101 (L) x 51 (W) x 128 (H)





GB50 BIKE

RV0N-104018K

MULTIPLE TARGET PROGRAMS

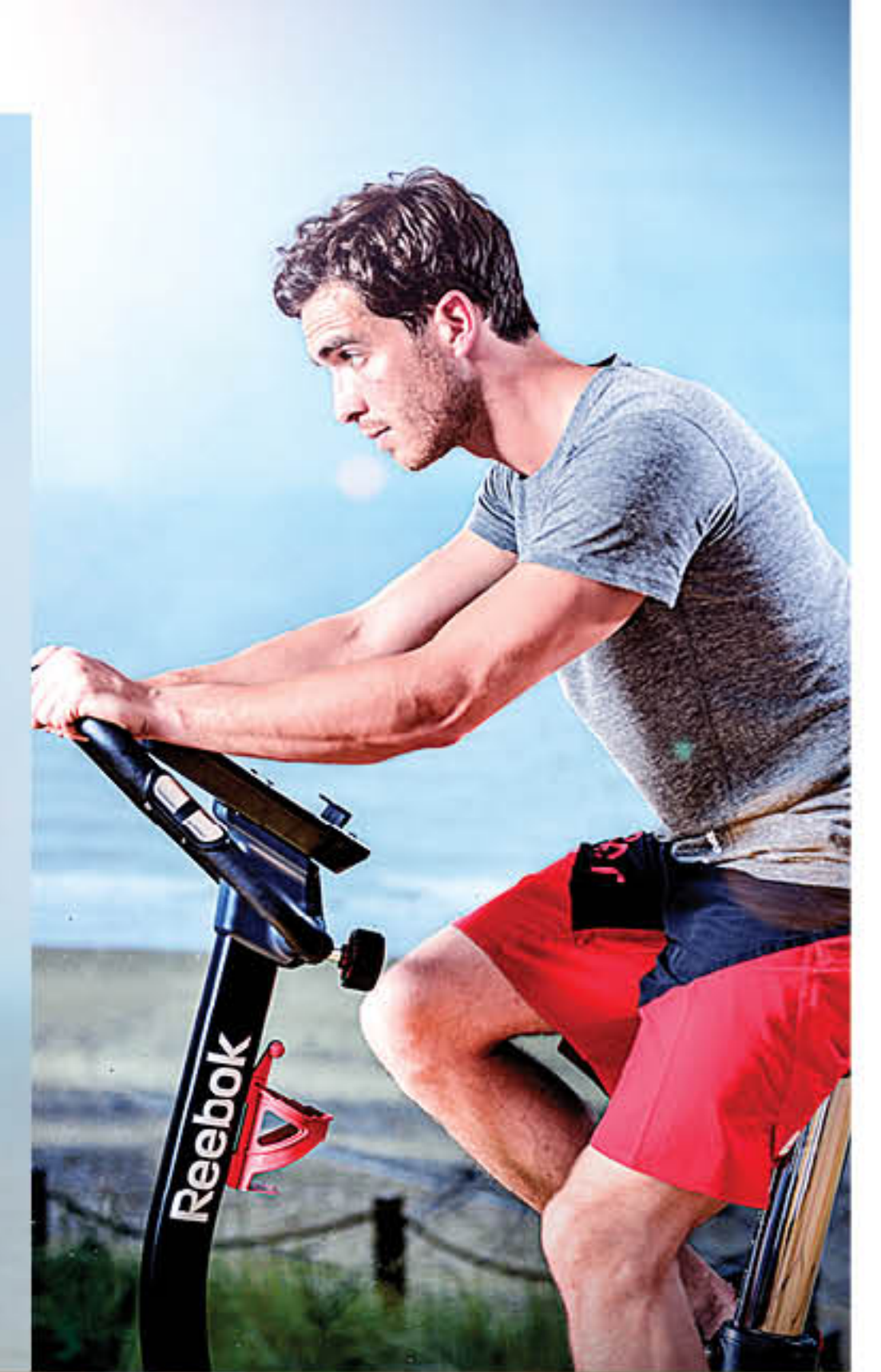
The Reebok GB50 Exercise Bike is the ideal piece of fitness equipment for those who want a challenging workout with all of the best features. The heavy 9kg flywheel provides an extra smooth cycling motion while the hand or wireless pulse receivers monitor your heart rate through any one of the 21 console programs.

Everything is easily controlled through the easy to use LCD screen including program selection, resistance level and the option to view your vital workout stats including time, distance, speed or total number of calories burned. Added features such as the adjustable saddle, handlebars and foot straps ensure you have an enjoyable, comfortable and efficient workout.

CONTROL YOUR WORKOUT

Cycling is a great workout for a number of different muscles including the glutes, hamstrings and quads. The 32 different electronic resistance levels provide the ideal set up to target each of these muscle groups over the course of your training programme, giving you complete control of your workout and intensity level.

- 9kg flywheel
- 32 levels of resistance
- lcd screen
- 21 console programs
- hand / wireless pulse sensors
- Adjustable seat
- 100 (L) x 52 (W) x 130 (H)





GB60 BIKE

RV0N-107018K

SELF-GENERATING POWER

The Reebok GB60 Exercise Bike is packed full of features for those who want a challenging and varied workout. The unique self-generating power system is a key part of the GB60, which lets you take your workout anywhere without the need for an electrical power source. Your motion powers every feature of the bike from the console through to the electronic resistance. The easy to use LCD screen controls every aspect of the many features from selecting the 21 programs to adjusting the 32 resistance levels. The console also connects to the wireless pulse receiver so you can keep track of your heart rate alongside other vital workout stats including time, distance, speed and number of calories burned.

TARGET MULTIPLE LEG MUSCLES

The heavy 7kg flywheel provides a smooth cycling motion to give you a workout designed to target the lower body muscle groups.

To get the most out of your workout, the GB60 also has added features such as the adjustable saddle, handlebars and foot straps to ensure you have an enjoyable, comfortable and efficient workout.

- 7kg flywheel
- Self Generating power system
- 32 levels of resistance
- lcd screen
- 21 console programs
- hand / wireless pulse sensors
- Adjustable seat
- 100 (L) x 52 (W) x 130 (H)





ONEGSB INDOOR BIKE

RV0N-11600

MAXIMISE WORKOUT INTENSITY

The GSB Bike helps maximise your body's fat burning ability, yet still maintains the low impact nature associated with indoor cycling. The GSB Bike promotes the use of the 5 standard positions for spinning: seated flat, standing flat, seated climb, standing climb and jumps. Incorporating these positions into your workout results in a much larger set of muscle groups being worked, as opposed to what is possible on a standard exercise bike.

A substantial 18kg flywheel provides the rider with a much smoother spin compared to standard exercise bikes, while the 32 levels of electronically controlled resistance provide an extra challenge for each of the associated body positions. Additional features such as the horizontal and vertical adjustable seat, handlebar height adjustment, and self-levelling pedals help you tailor the machine to your ideal workout position.

SELF-GENERATING POWER

The innovative self-powered generator system means that you can take your workout anywhere without the need to worry about an electrical power source. Your motion powers all the features of the bike from the hand or wireless pulse sensors to the versatile computer display. The display shows a wide range of functions to keep you on top of your workout, including speed, time, distance and calories burned.

- 18kg flywheel
- Self Generating power system
- 32 levels of resistance
- lcd screen
- 19 console programs
- hand / wireless pulse sensors
- Adjustable seat
- 105 (L) x 52 (W) x 127 (H)





GR ROWER

RV0N-11650

TOTAL BODY FITNESS

The GR Rower offers all-round fitness with 18 programs and 16 electronic resistance levels, all controlled seamlessly through the stylish integrated LCD display. The ergonomic seat and adjustable foot straps ensure you remain securely in place and maintain correct rowing form while the 1.2m rail and 6.5kg flywheel weight guarantees a smooth workout.

WIRELESS WORKOUT

Workout feedback including time and distance are displayed through the console along with the option to display your heart rate via the wireless pulse receiver included with the GR Rower. As storage is often a big factor in purchasing any piece of fitness equipment, the GR Rower has been designed to easily fold away after use with the simple locking bolt and folding mechanism.

- 6kg flywheel
- 16 levels of resistance
- lcd screen
- 18 console programs
- wireless pulse receiver
- 1.2 rower length
- 196 (L) x 52 (W) x 68 (H)





iRUN 3 TREADMILL

RWT-10121WH

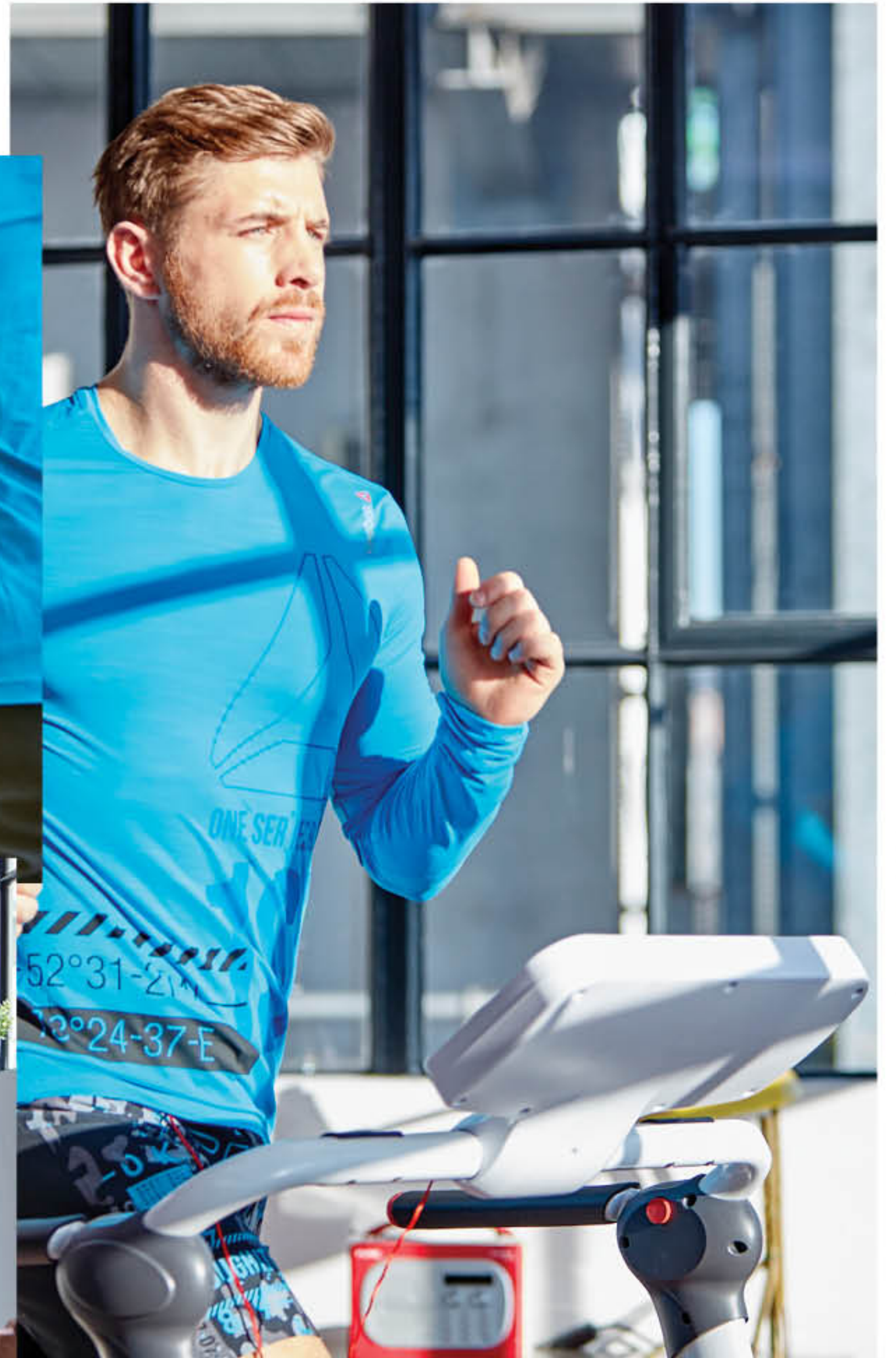
ULTRA COMPACT TREADMILL

The Reebok i-Run 3 features an innovative folding mechanism enabling it to be folded completely flat with the console and handles sitting in line with the running deck. The treadmill comes 100% built so there's no tricky assembly required. Simply unpack, unfold and go! Exercise in comfort with the 8-piece cushioning system which absorbs every foot strike whilst running. This elastomer cushioning offers a spring like feel to minimise pressure on the joints, making it an ideal choice for exercising at home.

ALL YOU NEED FOR AN EFFECTIVE WORKOUT

The Reebok i-Run offers 12 pre-set workout programmes, 3 user profiles, 3 heart rate control programmes and a body fat tester. Grasp the pulse sensors on the treadmill's handlebar to pick up a heart rate reading. It also has MP3 input with speakers for you to run to your favourite playlists. Add to this a 1.5HP motor, a max speed of 13kph and two levels of manual incline and you have everything you need for a varied, challenging and effective workout.

- 1.5 HP Duty Motor
- 13 KPH Max Speed
- 12 PRE-SET Programs
- 2 Levels of MANUAL Incline
- ELASTOMER CUSHIONING
- MP3 Input With Speakers
- 160 (l) x 80.4 (w) x 126 (h)





TITANIUM PERFORMANCE

DESIGN

The Reebok Titanium Series of fitness equipment symbolises strength, high performance and reliability, possessing the ability to redefine the core DNA of our fitness equipment whilst harnessing the defining features of titanium. The Reebok Titanium Series elevates performance in fitness with an elegant and inspired, yet robust design.

TRIPLE FLEX CUSHIONING

Inspired by the motion of running, the Titanium Series combines the three stages of running into the running deck cushioning; Contact. Midstance. Propulsive. The innovative TripleFlex Cushioning provides you with the most efficient, comfortable and uncompromising platform for your workout.

I-DRIVE

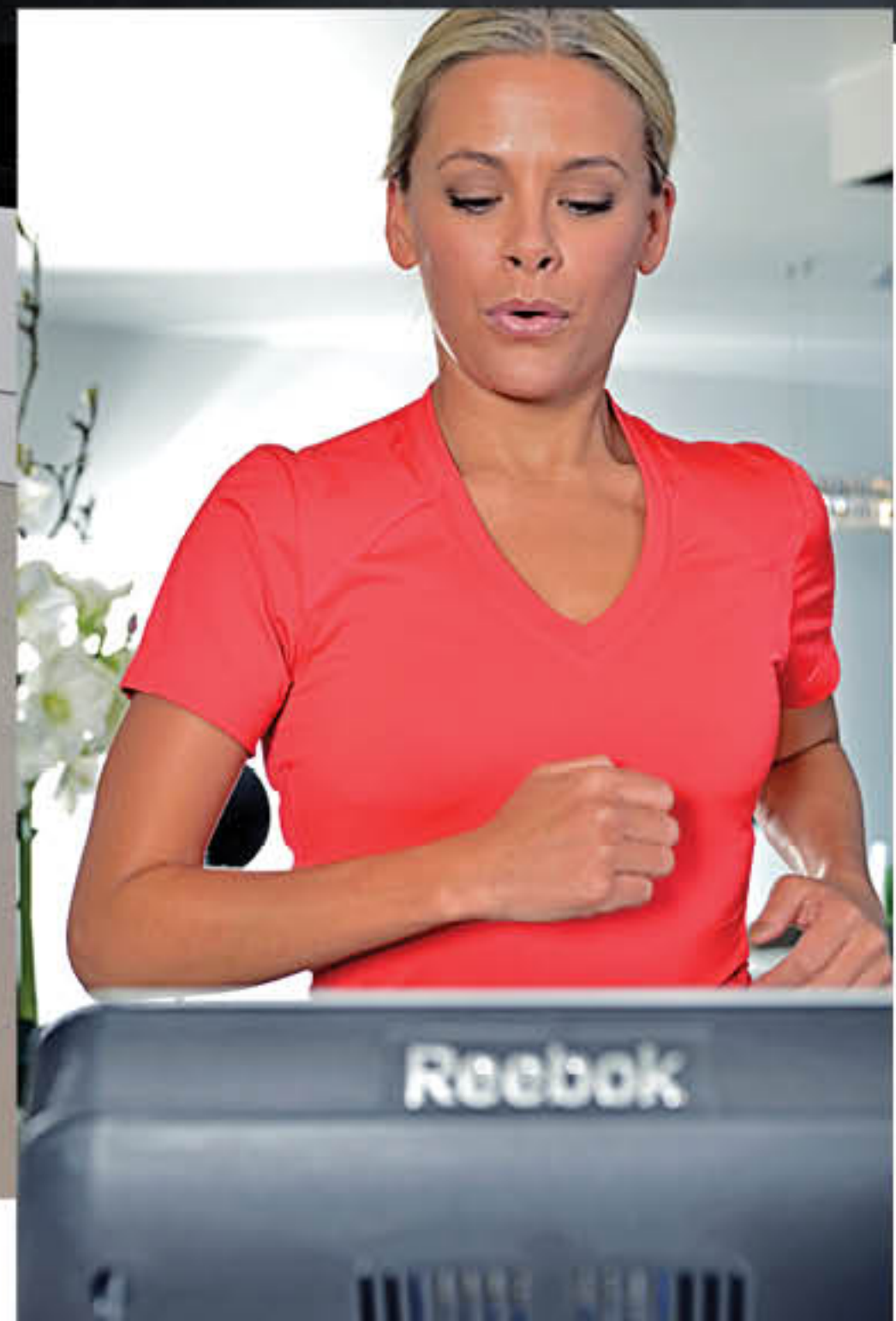
The Titanium Series features the i-Drive control wheel to give you an easy and intuitive way to control your workout. Its smart, elegant design allows you to operate the console's frequently used functions, such as speed and incline level, without the need to use multiple buttons.

Simply rotate and click the wheel to access each function and tailor your workout in the most efficient way possible.



TRIPLE-FLEX CUSHIONING
I-DRIVE CONSOLE





TT1.0 TREADMILL

RVTT-10121WHBT

Bluetooth

ROBUST AND RELIABLE

The Reebok TT1.0 Treadmill featuring Triple Flex Cushioning delivers optimum performance and durability with a more than ample sized running area of 50 x 140cm. Considering its robustness and substantial dimensions, the treadmill can be easily folded away to optimise space in the home.

With a solid 2.5HP continuous duty motor, the Titanium treadmill offers an unparalleled smooth and quiet operation for the user and is capable of reaching a top speed of 18kph – higher speeds are ideal for high-intensity interval training, however, the user can select the pace that is most suitable for their fitness level.

PERSONALISED WORKOUTS

The runner can easily select from 16 levels of electronic incline to increase the intensity of their workout, plus the TT1.0 features 17 pre-determined console programs designed to keep the workout both challenging and varied. Integrated dual speakers with MP3 playback enable the user to add an upbeat soundtrack to their workout, with all the features easily and efficiently selected on the TT1.0's intuitive i-Drive console navigation system.

- 2.5 HP Duty Motor
- 18 KPH Max Speed
- 17 Console Programs
- 16 Levels of Electronic Incline
- Triple flex Cushioning system
- MP3 Input With Speakers
- 186 (L) x 87 (W) x 140 (H)



TT3.0 TREADMILL

RVTT-10721BKBT

Bluetooth

MORE POWER, MORE FEATURES

The top of the line 3.0HP continuous duty motor delivers more power with a smooth, long lasting running experience and a top speed of 20kph with 16 levels of electronic incline. Plus, the spacious 50cm x 150cm running area of the TT3.0 treadmill provides a solid and comfortable running deck with a maximum weight of 145kg.

RUN ON EARTH

Bluetooth connectivity enables the TT3.0 to connect to an Apple or Android mobile device and wirelessly communicate with the treadmill. The user can download the 'Run on Earth' App onto the synced device and choose a route anywhere across the globe. The app uses elevation data provided by Google Maps and communicates with the TT3.0 to simulate the real world incline conditions.

DYNAMIC GOALS

Navigating the TT3.0's upgraded 7" blue backlit LCD display using the intuitive i-Drive Console System, the runner can select from 17 pre-determined programs ranging from interval training to hill running. When this feature is combined with the multiple user profiles, the TT3.0 can be tailored to each individual runner.

Built-in dual speakers and MP3 playback ensure the user can connect up a compatible device and play their favourite workout tracks. Additionally, wherever the treadmill is used in the home, the built-in fan will keep the user cool and comfortable.

- 3.0 HP Duty Motor
- 20 KPH Max Speed
- 17 Console Programs
- 16 Levels of Electronic Incline
- Triple flex Cushioning system
- MP3 Input With Speakers
- 192 (L) x 87 (W) x 139 (H)



TX1.0 CROSS TRAINER

RVTT-10721BKBT

Bluetooth

TOTAL BODY WORKOUT

The Reebok Titanium Series TX1.0 Cross Trainer provides one of the best total body workouts as it targets both the upper and lower body simultaneously while working all the essential muscles that contribute to core stabilisation. The low impact nature of the TX1.0 makes it ideal for those users with sensitive joints as the trainer comfortably supports the legs throughout the entire 16.5" stride length of exercise while giving a serious cardio workout. The sturdy 11kg flywheel creates a smooth, natural elliptical motion while the 20 levels of magnetic resistance provide the user with complete control of the intensity of their workout.

INTUITIVE ACCESS

The cross trainer's i-Drive control function provides intuitive access to the 9 console programs to vary the user's workout simply and effectively while providing feedback in real-time through the 5" LCD backlit display. Fully adjustable footplates help tailor the TX1.0 to the user's requirements while the built-in dual speakers and MP3 playback make the workout even more personal.

- 11kg flywheel
- 20 levels of resistance
- adjustable footplates
- 9 console programs
- hand / wireless pulse sensors
- 16.5" stride length
- 149 (L) x 61 (W) x 158 (H)



TXF3.0 CROSS TRAINER

RVTT-1071 1BKBT

Bluetooth

FRONT DRIVE

FRONT DRIVE

The top of the line Reebok Titanium Series TXF3.0 Cross Trainer features a front drive 10kg flywheel mechanism with two independent motion rollers resulting in a smoother, more challenging workout than a traditional rear drive machine. The low impact nature of the TX3.0 makes it ideal for those users with sensitive joints as the trainer comfortably supports the legs throughout the increased 19.5" stride length of exercise.

The user can choose from 10 console programs or create their own workout and select from 75 levels of resistance to add further intensity to the exercise. Not only is the TXF3.0 stylish in design but it is also incredibly functional, sturdy and reliable. This cross trainer will add a new dimension to any home gym training routine.

EXEMPLIFYING PRECISION

Accurate, informative and consistent, the TXF3.0's console provides feedback on time elapsed, distance covered, calories burned and more, all displayed in an easy to read format on the 7" LCD screen. Heart rate can also be monitored using the wireless pulse receiver.

The intuitive i-Drive control function provides easy access to all features and integrated Bluetooth technology enables the cross trainer to connect to an Apple or Android mobile device - ideal for listening to workout tracks simultaneously. The increased robustness and stability of the TXF3.0 raises the maximum user weight to 145kg, providing an even sturdier exercise platform for all users.

- 10kg flywheel
- 75 levels of resistance
- adjustable footplates
- 20 console programs
- hand / wireless pulse sensors
- 19.5" stride length
- 168 (L) x 62 (W) x 166 (H)



TC1.0 BIKE

VTT-1010 1WHBT

Bluetooth

DURABLE AND QUIET

The Reebok Titanium Series TC1.0 Exercise Bike comes with a 9kg weighted flywheel which generates high levels of inertia and a smooth motion with every rotation of the pedal, resulting in a comfortable ride every time. 20 levels of magnetic resistance provide the rider with a wide range of workout intensities.

CUSTOM PROGRAMMING

The TC1.0 features 9 pre-installed console programs offering complete flexibility for the user to vary their workout and maximise motivation. Specific user profiles can also be set up to the individual's requirements and goals. The exercise bike's console connects with the built-in hand pulse sensors to provide heart rate feedback through the clear 5" LCD display. The rider can use this feedback to adjust the console settings via the intuitive i-Drive system and increase the effectiveness of their workout. For additional motivation, music can be played through the console's dual speaker output which connects to any MP3 system.

- 9kg flywheel
- 20 levels of resistance
- lcd screen
- 20 console programs
- hand / wireless pulse sensors
- Adjustable seat
- 110 (L) x 55 (W) x 142 (H)



TC3.0 BIKE

RVTT-1071 1BKBT

Bluetooth

IMPECCABLE SOLIDITY

The professionally designed Reebok Titanium Series TC3.0 Bike offers highly effective cardio training for users of all fitness levels. It is manufactured with a solid, high quality frame to keep it sturdy through the most intense spinning workouts, whilst its robust 11kg weighted flywheel helps maintain a smooth pedalling motion. Considering its strong build, the bike can be easily transported about the home thanks to its integrated wheels at the base.

Featuring an ergonomic and cushioned seat, the TC3.0 bike can be perfectly adjusted to the user's height and can slide forwards and backwards horizontally to the ideal position. With this top spec machine, cyclists can truly experience the sensation of road cycling in the comfort of their own home.

RIDER FLEXIBILITY

Riders can effectively vary their workout, maximise motivation and improve fitness performance by selecting from 9 pre-installed console programs. Alternatively, specific user profiles can be set up to adapt programs to individual requirements and further assist the rider with achieving their workout goals.

With 75 levels of the resistance the user can combine various paces and intensities to safely simulate cycling out on the road. All in all, this high-spec indoor bike from Reebok is the ideal option for supplementing existing training whenever weather conditions or limited hours of daylight prevent the cyclist from going out on the road.

- 11kg flywheel
- 75 levels of resistance
- lcd screen
- 20 console programs
- hand / wireless pulse sensors
- Adjustable seat
- 111 (L) x 55 (W) x 142 (H)



REEBOK FITNESS APP

TRACK YOUR WORKOUT

The Reebok Fitness app allows you to track your progress via Google Maps.

You can switch the view between map, satellite, flyover and street view.

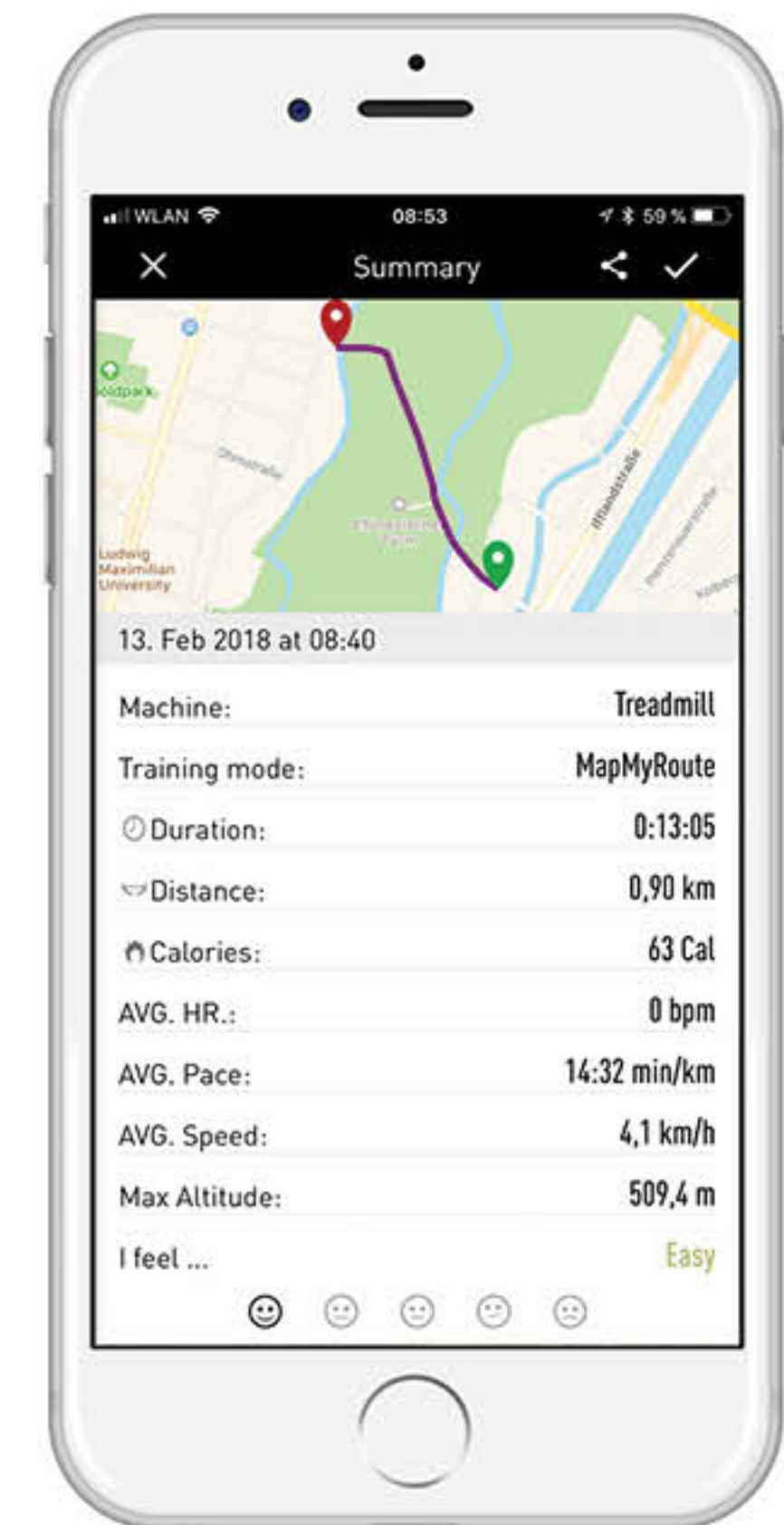
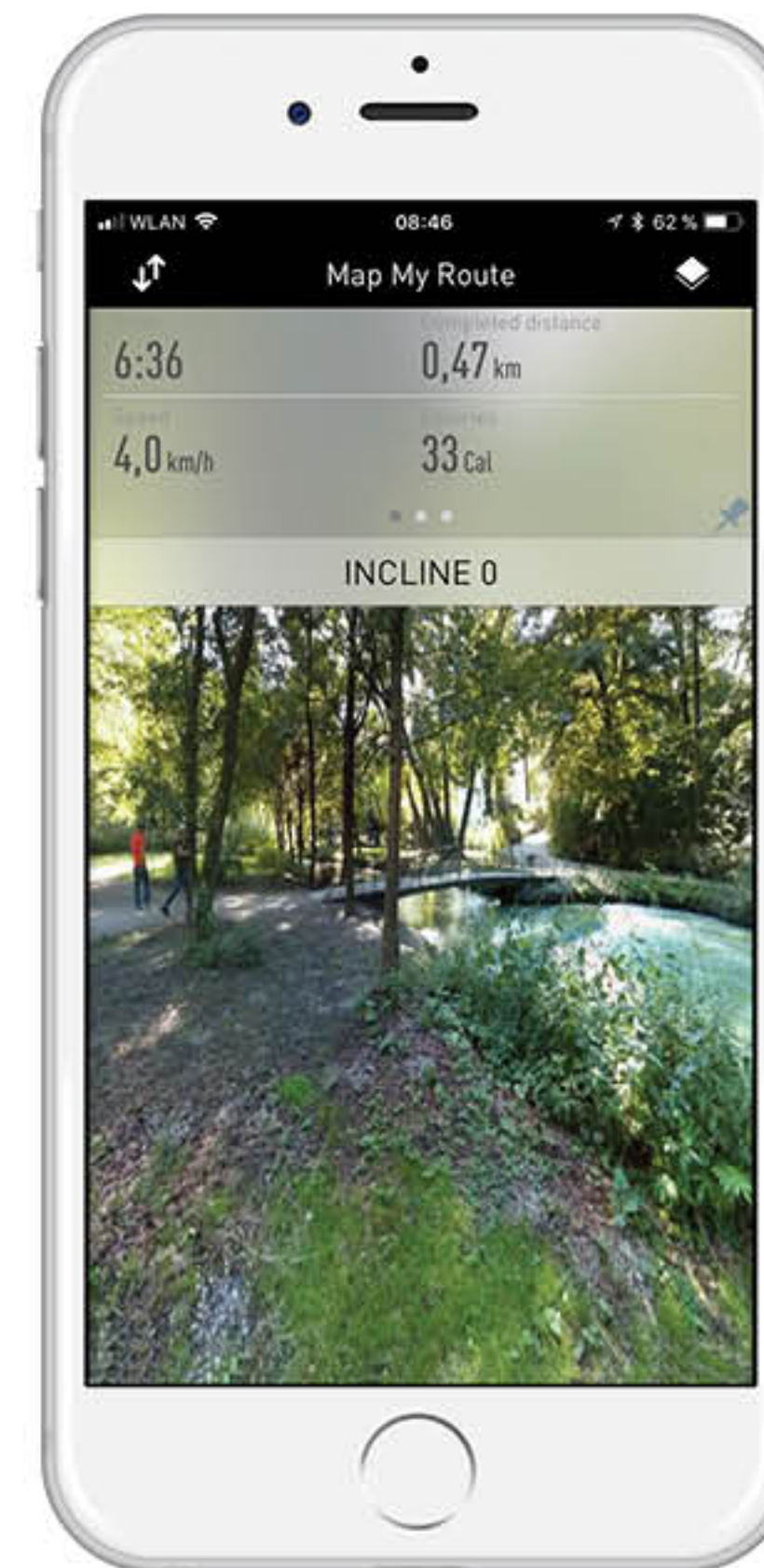
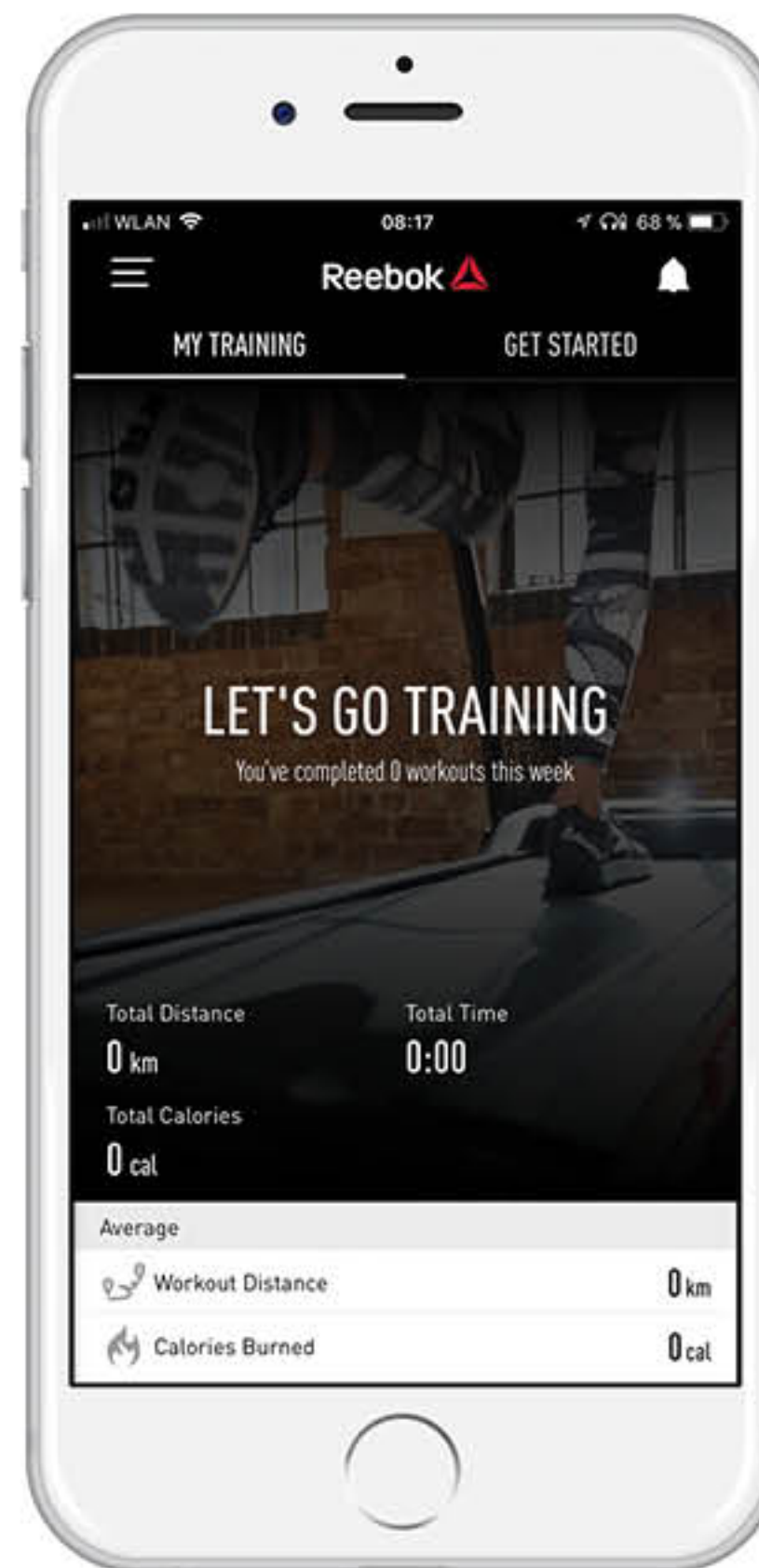
The treadmill's elevation level will automatically adjust to match your programmed route, or if you are using a bike or cross trainer, the resistance level will automatically adjust accordingly.

ANALYSE YOUR TRAINING

At the end of your training session, the app shows you a workout profile, giving you stats such as distance covered, calories burned and average pace.

You can add personalised notes to your workout profile such as how challenging or hard you found the workout.

The training history page allows you to review your previous workouts and stats such as total number of calories burned.



CV MAT

THE PERFECT BASE

The CV Mat from Reebok, protects your flooring from scratches and damages when placed underneath your bike, cross trainer or treadmill - plus, it can improve stability and reduce noise in intensive use.

BIKE/CROSSTRAINER MAT

- 155 x 65 cm
- Durable finish
- Improves stability
- Protects flooring

TREADMILL CV MAT

- 200 x 100cm
- Durable finish
- Improves stability
- Protects flooring





JET 100 TREADMILL



COLOURS:

○ RVJF-10121BK

171 (L) X 78 (W) X 139 (H)

125 (L) X 86 (W) X 163 (H) FOLDED

AIR MOTION CUSHIONING TECHNOLOGY

MP3 INPUT WITH BUILT IN SPEAKERS

12 LEVELS OF INCLINE

2.0 HP MOTOR

16 KPH MAX SPEED

LCD DISPLAY

24 CONSOLE PROGRAMS

EASY FOLD AND SOFT DROP SYSTEM

130 (L) X 43 (W) RUNNING AREA

HAND PULSE SENSORS

110KG MAX WEIGHT

JET 200 TREADMILL



COLOURS:

● RVJK-10421BK

181 (L) X 78 (W) X 139 (H)

114 (L) X 78 (W) X 155.5 (H) FOLDED

AIR MOTION CUSHIONING TECHNOLOGY

MP3 INPUT WITH BUILT IN SPEAKERS

15 LEVELS OF INCLINE

2.25 HP MOTOR

18 KPH MAX SPEED

LCD DISPLAY

24 CONSOLE PROGRAMS

EASY FOLD AND SOFT DROP SYSTEM

140 (L) X 46 (W) RUNNING AREA

HAND PULSE SENSORS

120KG MAX WEIGHT

JET 300 TREADMILL



COLOURS:

● RVON-10721BK

192 (L) X 86 (W) X 143.5 (H)

124.5 (L) X 86 (W) X 163 (H) FOLDED

AIR MOTION CUSHIONING TECHNOLOGY

MP3 INPUT WITH BUILT IN SPEAKERS

15 LEVELS OF INCLINE

2.5 HP MOTOR

20 KPH MAX SPEED

7" LCD DISPLAY

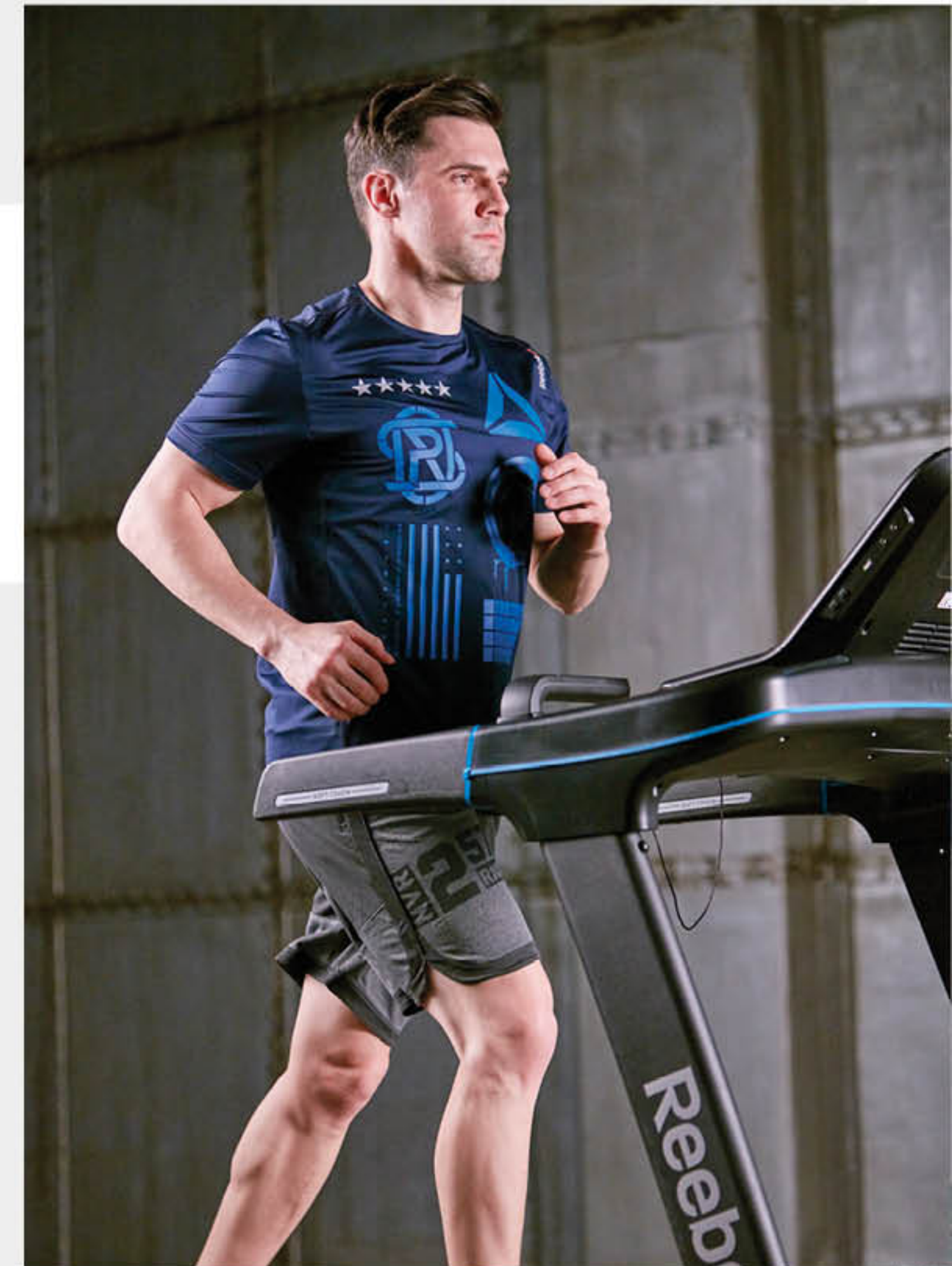
34 CONSOLE PROGRAMS

EASY FOLD AND SOFT DROP SYSTEM

150 (L) X 51 (W) RUNNING AREA

HAND PULSE SENSORS

140KG MAX WEIGHT





JET 100 CROSS TRAINER



COLOURS:

○ RVJF-1011BK

144 (L) X 63 (W) X 169 (H)

ELECTRONIC

32 LEVELS OF RESISTANCE

9KG FLYWHEEL

5" LCD DISPLAY

19 CONSOLE PROGRAMS

**ADJUSTMENTS: FOOTPLATES, FLOOR LEVEL,
HANDLEBARS**

15" STRIDE LENGTH

HAND PULSE SENSORS

120KG MAX WEIGHT





JET 100 BIKE



COLOURS:

○ RVJF-10101BK

102 (L) X 48 (W) X 132 (H)

ELECTRONIC

9KG FLYWHEEL

5" LCD DISPLAY

32 LEVELS OF RESISTANCE

19 CONSOLE PROGRAMS

ADJUSTMENTS: SADDLE, HANDLEBARS, PEDAL STRAPS, FLOOR LEVEL

HAND PULSE SENSORS

120KG MAX WEIGHT





GT40 TREADMILL



COLOURS:

- RVON-10121BK
- RVON-10121WH

173 (L) X 80 (W) X 136 (H)

103 (L) X 80 (W) X 145 (H) FOLDED

ONE SERIES CUSHIONING TECHNOLOGY

MP3 INPUT WITH BUILT IN SPEAKERS

COOLING FAN

12 LEVELS OF INCLINE

2.0 HP MOTOR

16 KPH MAX SPEED

7" LCD DISPLAY

16 CONSOLE PROGRAMS

EASY FOLD AND SOFT DROP SYSTEM

130 (L) X 43 (W) RUNNING AREA

HAND PULSE SENSORS

120KG MAX WEIGHT

GT40S TREADMILL



COLOURS:

- RVON-10121BK-AR
- RVON-10121WH-AR

168 (L) X 85 (W) X 133 (H)

104 (L) X 85 (W) X 148 (H) FOLDED

ONE SERIES CUSHIONING TECHNOLOGY

MP3 INPUT WITH BUILT IN SPEAKERS

COOLING FAN

12 LEVELS OF INCLINE

2.0 HP MOTOR

16 KPH MAX SPEED

5" LCD DISPLAY

40 CONSOLE PROGRAMS

EASY FOLD AND SOFT DROP SYSTEM

130 (L) X 43 (W) RUNNING AREA

HAND PULSE SENSORS

110KG MAX WEIGHT

GT50 TREADMILL



COLOURS:

- RVON-10421BK
- RVON-10421WH

183 (L) X 83 (W) X 136 (H)

117 (L) X 83 (W) X 150 (H) FOLDED

ONE SERIES CUSHIONING TECHNOLOGY

MP3 INPUT WITH BUILT IN SPEAKERS

COOLING FAN

15 LEVELS OF INCLINE

2.25 HP MOTOR

18 KPH MAX SPEED

7" LCD DISPLAY

34 CONSOLE PROGRAMS

EASY FOLD AND SOFT DROP SYSTEM

140 (L) X 48 (W) RUNNING AREA

HAND PULSE SENSORS

120KG MAX WEIGHT

GT60 TREADMILL



COLOURS:

- RVON-10721BK
- RVON-10721WH

194 (L) X 92 (W) X 137 (H)

130 (L) X 92 (W) X 156 (H) FOLDED

ONE SERIES CUSHIONING TECHNOLOGY

MP3 INPUT WITH BUILT IN SPEAKERS

COOLING FAN

15 LEVELS OF INCLINE

2.5 HP MOTOR

20 KPH MAX SPEED

7" LCD DISPLAY

34 CONSOLE PROGRAMS

EASY FOLD AND SOFT DROP SYSTEM

145 (L) X 51 (W) RUNNING AREA

HAND PULSE SENSORS

140KG MAX WEIGHT



GX40 CROSS TRAINER



COLOURS:

● RVON-1011BK

○ RVON-1011WH

143 (L) X 64 (W) X 167 (H)

-

-

MANUAL

8 LEVELS OF RESISTANCE

7KG FLYWHEEL

LCD DISPLAY

4 CONSOLE PROGRAMS

USER PROFILES: NO

ADJUSTMENTS:
FOOTPLATES, FLOOR LEVEL

15" STRIDE LENGTH

HAND PULSE SENSORS

120KG MAX WEIGHT

GX40S CROSS TRAINER



COLOURS:

● RVON-1011BK-AR

○ RVON-1011WH-AR

135 (L) X 72 (W) X 169 (H)

-

-

ELECTRONIC

8 LEVELS OF RESISTANCE

9KG FLYWHEEL

5.5 LCD DISPLAY

20 CONSOLE PROGRAMS

USER PROFILES: NO

ADJUSTMENTS:
FOOTPLATES, FLOOR LEVEL

15" STRIDE LENGTH

HAND PULSE SENSORS

120KG MAX WEIGHT

GX50 CROSS TRAINER



COLOURS:

● RVON-1041BK

○ RVON-1041WH

144 (L) X 63 (W) X 169 (H)

USB CHARGE FUNCTION

-

ELECTRONIC

32 LEVELS OF RESISTANCE

9KG FLYWHEEL

LCD DISPLAY

23 CONSOLE PROGRAMS

USER PROFILES: YES

ADJUSTMENTS:
FOOTPLATES, FLOOR LEVEL

15" STRIDE LENGTH

HAND PULSE SENSORS

120KG MAX WEIGHT

GX60 CROSS TRAINER



COLOURS:

● RVON-1071BK

○ RVON-1071WH

144 (L) X 63 (W) X 173 (H)

USB CHARGE FUNCTION

SELF GENERATING POWER SYSTEM

ELECTRONIC

32 LEVELS OF RESISTANCE

7KG FLYWHEEL

LCD DISPLAY

20 CONSOLE PROGRAMS

USER PROFILES: YES

ADJUSTMENTS:
FOOTPLATES, FLOOR LEVEL

15" STRIDE LENGTH

HAND PULSE SENSORS / WIRELESS RECEIVER

135KG MAX WEIGHT



GB40 BIKE



COLOURS:

- RVON-10101BK
- RVON-10101WH

100 (L) X 52 (W) X 130 (H)

MANUAL

6KG FLYWHEEL

LCD DISPLAY

8 LEVELS OF RESISTANCE

4 CONSOLE PROGRAMS

USER PROFILES: NO

ADJUSTMENTS:
SADDLE, HANDLEBARS, PEDAL
STRAPS,
FLOOR LEVEL

HAND PULSE SENSORS

110KG MAX WEIGHT

GB40S BIKE



COLOURS:

- RVON-10101BK-AR
- RVON-10101WH-AR

101 (L) X 51 (W) X 128 (H)

ELECTRONIC

9KG FLYWHEEL

5.5" LCD DISPLAY

32 LEVELS OF RESISTANCE

20 CONSOLE PROGRAMS

USER PROFILES: NO

ADJUSTMENTS:
SADDLE, HANDLEBARS, PEDAL
STRAPS,
FLOOR LEVEL

HAND PULSE SENSORS

120KG MAX WEIGHT

GB50 BIKE



COLOURS:

- RVON-10401BK
- RVON-10401WH

100 (L) X 52 (W) X 130 (H)

ELECTRONIC

9KG FLYWHEEL

LCD DISPLAY

32 LEVELS OF RESISTANCE

21 CONSOLE PROGRAMS

USER PROFILES: NO

ADJUSTMENTS:
SADDLE, HANDLEBARS, PEDAL
STRAPS,
FLOOR LEVEL

HAND PULSE SENSORS / WIRELESS

120KG MAX WEIGHT

GB60 BIKE



COLOURS:

- RVON-10701BK
- RVON-10701WH

100 (L) X 52 (W) X 130 (H)

ELECTRONIC

7KG FLYWHEEL

LCD DISPLAY

32 LEVELS OF RESISTANCE

21 CONSOLE PROGRAMS

USER PROFILES: YES

ADJUSTMENTS:
SADDLE, HANDLEBARS, PEDAL
STRAPS,
FLOOR LEVEL

HAND PULSE SENSORS / WIRELESS

135KG MAX USER WEIGHT

ONE GSB BIKE



COLOURS:

- RVON-11600

105 (L) X 52 (W) X 127 (H)

ELECTRONIC

18KG FLYWHEEL

LCD DISPLAY

32 LEVELS OF RESISTANCE

19 CONSOLE PROGRAMS

USER PROFILES: NO

ADJUSTMENTS:
SADDLE, HANDLEBARS, PEDAL
STRAPS,
FLOOR LEVEL

HAND PULSE SENSORS / WIRELESS

135KG MAX WEIGHT

PAGE 32-33



GR
ROWER



COLOURS:

● RV0N-11650

196 (L) X 52 (W) X 68 (H)

86 (L) X 48 (W) X 148 (H) FOLDED

MANUAL FOLDING WITH LOCKING MECHANISM

LIGHTWEIGHT WITH TRANSPORT WHEELS

16 LEVELS OF RESISTANCE

6KG FLYWHEEL

LCD DISPLAY

18 CONSOLE PROGRAMS

USER PROFILES: YES

ADJUSTMENTS: FOOTPLATES, FLOOR LEVEL

WIRELESS PULSE RECEIVER

120KG MAX WEIGHT





L-RUN 3 TREADMILL



COLOURS:

○ RVIT-10121WH

160 (L) X 80.4 (W) X 126 (H)

160 (L) X 80.4 (W) X 25.5 (H) FOLDED

8-PIECE ELASTOMER CUSHIONING

MP3 INPUT WITH BUILT IN SPEAKERS

2 LEVELS OF INCLINE

1.5 HP MOTOR

13KPH MAX SPEED

LED DISPLAY

12 CONSOLE PROGRAMS

ULTRA-COMPACT FOLDING DESIGN

120 (L) X 41 (W) RUNNING AREA

HAND PULSE SENSORS

100KG MAX WEIGHT





TT1.0 TREADMILL



COLOURS:

● RVTT-10121BK

○ RVTT-10121WH

186 (L) X 87 (W) X 140 (H)

117 (L) X 87 (W) X 157 (H) FOLDED

TRIPLE FLEX CUSHIONING SYSTEM

MP3 INPUT WITH BUILT IN SPEAKERS

-

16 LEVELS OF INCLINE

2.5 HP MOTOR

18 KPH MAX SPEED

5" LCD DISPLAY

17 CONSOLE PROGRAMS

EASY FOLD AND SOFT DROP SYSTEM

140 (L) X 50 (W) RUNNING AREA

HAND PULSE SENSORS

135 KG MAX WEIGHT

TT3.0 TREADMILL



COLOURS:

● RVTT-10721BK

○ RVTT-10721WH

192 (L) X 87 (W) X 139 (H)

124 (L) X 87 (W) X 161 (H) FOLDED

TRIPLE FLEX CUSHIONING SYSTEM

MP3 INPUT WITH BUILT IN SPEAKERS

COOLING FAN

16 LEVELS OF INCLINE

3.0 HP MOTOR

20 KPH MAX SPEED

7" LCD DISPLAY

17 CONSOLE PROGRAMS

EASY FOLD AND SOFT DROP SYSTEM

150 (L) X 50 (W) RUNNING AREA

HAND PULSE SENSORS

145 KG MAX WEIGHT



TX1.0 CROSS TRAINER



COLOURS:

● RV TT-1011BK

○ RV TT-1011WH

149 (L) X 61 (W) X 158 (H)

ELECTRONIC

20 LEVELS OF RESISTANCE

11KG FLYWHEEL

5" LCD DISPLAY

9 CONSOLE PROGRAMS

USER PROFILES: YES

ADJUSTMENTS: FOOTPLATES,
FLOOR LEVEL

16.5" STRIDE LENGTH

HAND PULSE SENSORS / WIRELESS

RECEIVER

135KG MAX WEIGHT

TXF3.0 CROSS TRAINER



COLOURS:

● RV TT-1071BK

○ RV TT-1071WH

168 (L) X 62 (W) X 166 (H)

USB CHARGE FUNCTION

SELF GENERATING POWER SYSTEM

ELECTRONIC

75 LEVELS OF RESISTANCE

10KG FLYWHEEL

7" LCD DISPLAY

20 CONSOLE PROGRAMS

USER PROFILES: YES

ADJUSTMENTS: FOOTPLATES,
FLOOR LEVEL

19.5" STRIDE LENGTH

HAND PULSE SENSORS / WIRELESS

RECEIVER

145 KG MAX WEIGHT



TC1.0 BIKE



COLOURS:

- RV TT-10101BK
- RV TT-10101WH

111 (L) X 55 (W) X 142 (H)

ELECTRONIC

9KG FLYWHEEL

5" LCD DISPLAY

20 LEVELS OF RESISTANCE

20 CONSOLE PROGRAMS

USER PROFILES: YES

ADJUSTMENTS: SADDLE, HANDLEBARS, PEDAL STRAPS,
FLOOR LEVEL, SELF LEVELLING PEDALS

HAND PULSE SENSORS

135KG MAX WEIGHT

TC3.0 BIKE



COLOURS:

- RV TT-10701BK
- RV TT-10701WH

111 (L) X 55 (W) X 142 (H)

ELECTRONIC

11 KG FLYWHEEL

5" LCD DISPLAY

75 LEVELS OF RESISTANCE

20 CONSOLE PROGRAMS

USER PROFILES: YES

ADJUSTMENTS: SADDLE VERTICAL AND HORIZONTAL, HANDLEBARS, PEDAL
STRAPS,
FLOOR LEVEL, SELF LEVELLING PEDALS

HAND PULSE SENSORS/ WIRELESS

145 KG MAX WEIGHT



TRAINING





FOAM ROLLER

LONG - RAAC-16007

- 90cm long, 15cm in diameter
- Hardwearing, ideal for both home and studio use
- High density foam construction
- Ideal for self-myofascial release to loosen tight muscles



SHORT - RAAC-16009

- 45cm long, 15cm in diameter
- High density foam construction
- Ideal for self-myofascial release to loosen tight muscles
- Shorter, more compact roller is perfect for taking to the gym or fitness class



SHORT

LONG



GYM BALLS

GREY - 55CM
RAB-12015GRBL

RED - 65CM
RAB-12016RD

GREY - 65CM
RAB-12016GRBL

GREY - 75CM
RAB-12017GRBL





STABILITY GYM BALLS

GREY/BLUE - 55CM
RAB-40015BL

RED/BLACK - 65CM
RAB-40016RD

GREY/BLUE - 65CM
RAB-40016BL

GREY/BLUE - 75CM
RAB-40017BL

The 55cm two-tone grey and blue Reebok Gymball is one of the most versatile pieces of exercise equipment for improved all-round fitness, used to perform a wide variety of exercises which will considerably improve your core strength, posture and flexibility. Its weighted base provides additional grip and helps to stop the ball rolling away during every type of exercise.

- Ideal for sit ups, core strength, stability and general fitness
- Includes workout DVD and gymball pump
- Suitable for those between 155cm and 167cm tall
- Two-tone stability Reebok Gymball from the Reebok Women's Training range - 55cm in diameter
- Weighted base provides additional grip and helps to stop the ball rolling away during exercise





WATER BOTTLES
500 & 750ML

- Dishwasher safe
- Embossed ml markings to track consumption
- Ergonomic shape with screw cap design
- Pop-up sports lid with groove grip
- Squeezy design made from Polyethylene material
- UV resistant material prevents fading and warping



BLACK/RED - 500ML
RABT-11003BKRD



BLACK/RED - 750ML
RABT-11006BKRD



BLUE/WHITE - 500ML
RABT-11003BLWH



BLACK/RED - 750ML
RABT-11006BLWH



CLEAR/BLACK - 500ML
RABT-11003CLBK



CLEAR/BLACK - 750ML
RABT-11005CLBK



GREEN/GREY - 500ML
RABT-11003GNR



GREEN/GREY - 750ML
RABT-11005GNR



RED/WHITE - 500ML
RABT-11003RDWH



RED/WHITE - 750ML
RABT-11005RDWH



WATER BOTTLES
500 & 750ML

- Anti-spill sports cap with contrasting silicone band grip
- BPA free
- Dishwasher safe
- Embossed ml markings to track consumption
- Ergonomic shape with screw cap design
- Squeezy design made from Polyethylene material
- UV resistant material prevents fading and warping



BLACK - 500ML
RABT-12003BK



BLACK - 750ML
RABT-12006BK



BLUE - 500ML
RABT-12003BL



BLUE - 750ML
RABT-12006BL



CLEAR/RED - 500ML
RABT-12003CLR



CLEAR/RED - 750ML
RABT-12006CLR



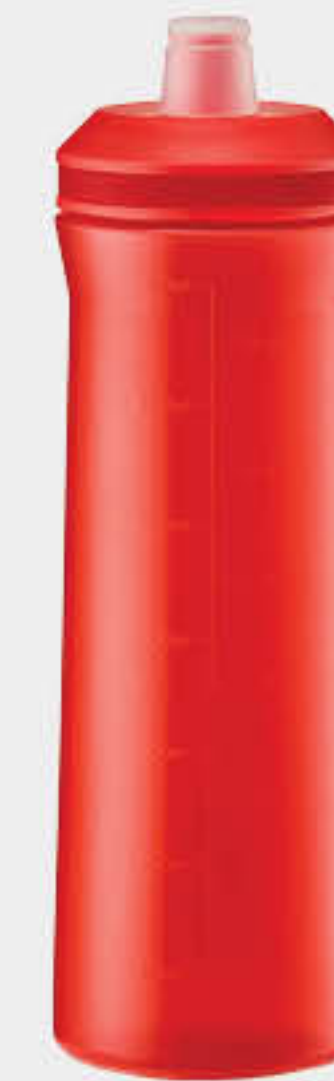
GREEN - 500ML
RABT-12003GN



GREEN - 750ML
RABT-12006GN



RED - 500ML
RABT-12003RD



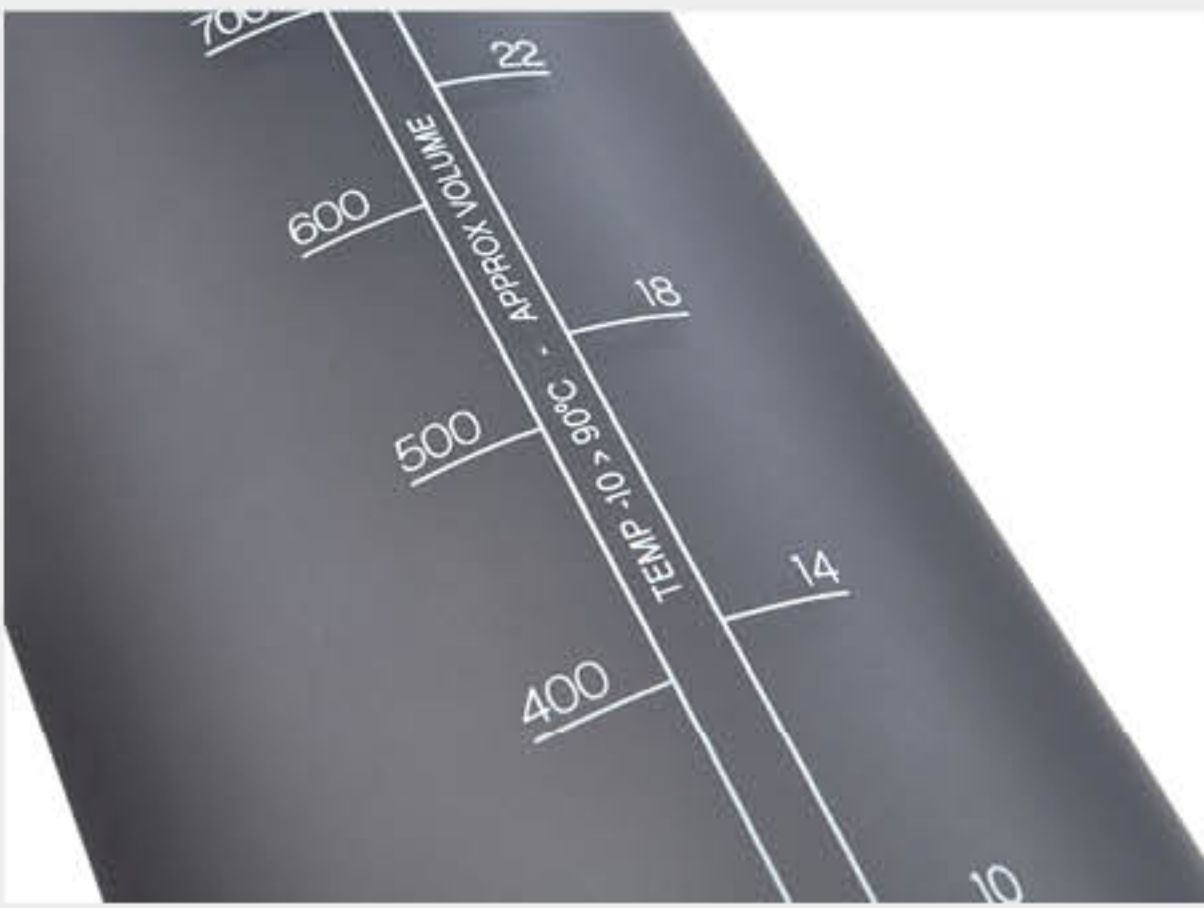
RED - 750ML
RABT-12006RD



WATER BOTTLES

1000ML

- 60mm wide neck - ideal for adding supplements
- BPA free
- Dishwasher safe
- Eco-friendly and shatter-proof design
- Lid harness attachment
- Made from quality US imported Tritan plastic
- Premium rubberised texture
- Screw cap lid with debossed Reebok logo
- Temperature range - 10°C to 90°C
- UV resistant material prevents fading and warping



GREY - 1000ML
RABT-14001GR



RED - 1000ML
RABT-14001RD



REEBOK STEP

RAEL-11150BL

MAKE GREAT STRIDES IN FITNESS.

Introduced to health clubs over 25 years ago, the timeless aerobic Reebok Step remains an integral and immensely popular piece of equipment in the group fitness exercise arena today.

Variety in training is the key to progress and with the Reebok Step you'll find no two workouts are ever the same. This is your platform to perform a large range of basic and more complex exercises from cardiovascular and plyometric training to lower body muscle toning; its versatility is ideal for mixing up any workout programme.

Suitable for all abilities and fitness levels, the Reebok Step can be used to intensify mat work exercises, or combined with hand, wrist or ankle weights for an even higher calorie burn. You can choreograph your own routines to your choice of music or follow the included workout DVD - whichever way you decide to use your Reebok Step; you'll be a step closer to your fitness goals and improving your overall aerobic health.





REEBOK DECK

RAEL-40170BL

Blending together innovative design features, the Reebok Deck evolved from the Reebok Step; a successful product in gyms and fitness studios around the world.

Step workouts are effective for improving cardiovascular fitness, but the seamless ability to adjust the platform through both parallel and acute angles increases the intensity of your workout to your preference. The Deck can be adjusted to 2 height positions; 20 and 35cm for you to take your pick from.

With the Deck in its Bench mode, strength training can be performed with either the resistance tubes (included) or with added barbells and dumbbells. This piece of exercise equipment is the central point for whole variety of workouts, so you can work out your way. More specifically, the Deck has 16 possible configurations in total, with Reebok Training Experts suggesting over 400 exercises that can be performed on the Deck.





GLOVES



LIFTING GLOVES
RAGB-11232BK - SMALL
RAGB-11233BK - MEDIUM
RAGB-11234BK - LARGE
RAGB-11235BK - X LARGE
RAGB-11236BK - XX LARGE



PRO GLOVES
RAGB-11232WH - SMALL
RAGB-11233WH - MEDIUM
RAGB-11234WH - LARGE
RAGB-11235WH - X LARGE



TRAINING GLOVES
RAGB-11234DT - SMALL
RAGB-11235DT - MEDIUM
RAGB-11236DT - LARGE
RAGB-11237DT - X LARGE
RAGB-11238DT - XX LARGE



STRENGTH GLOVES
RAGB-11234GR - SMALL
RAGB-11235GR - MEDIUM
RAGB-11236GR - LARGE
RAGB-11237GR - X LARGE
RAGB-11238GR - XX LARGE



TRAINING GLOVES
RAGB-11234RD - SMALL
RAGB-11235RD - MEDIUM
RAGB-11236RD - LARGE
RAGB-11237RD - X LARGE



FITNESS GLOVES
RAGB-12331CM - X SMALL
RAGB-12332CM - SMALL
RAGB-12333CM - MEDIUM
RAGB-12334CM - LARGE



ENDURANCE GLOVES
RAGB-12331EN - X SMALL
RAGB-12332EN - SMALL
RAGB-12333EN - MEDIUM
RAGB-12334EN - LARGE



SPEED GLOVES
RAGB-12331SP - X SMALL
RAGB-12332SP - SMALL
RAGB-12333SP - MEDIUM
RAGB-12334SP - LARGE



FITNESS GLOVE
RAGB-12331ST - X SMALL
RAGB-12332ST - SMALL
RAGB-12333ST - MEDIUM
RAGB-12334ST - LARGE



MATS & FLOOR GUARD



TRAINING MAT - 7MM - BLACK
RAMT-11014BK



TRAINING MAT - 7MM - GREY
RAMT-11014GR



TRAINING MAT - 7MM - RED
RAMT-11014RD



FITNESS MAT - BLUE LOVE
RAMT-11024BLL



FITNESS MAT - GREY LOVE
RAMT-11024GRL



TRAINING MAT - SPOTS - BLACK
RAMT-12235BK



TRAINING MAT - SPOTS - PURPLE
RAMT-12235PL



FITNESS MAT - MESH - PINK
RAMT-13014PK



FLOOR GUARDS
RAMT-10029



ROPES, TUBES & BANDS



SPEED ROPE
RARP-11081RD



RESISTANCE TUBE
RATB-11030BL - LIGHT
RATB-11031BL - MEDIUM
RATB-11032BL - HEAVY



POWER TUBE SET
RATB-30034



JUMP ROPE
RARP-11082



TRAINING BANDS
RATB-11034GR



SPEED ROPE
RARP-11081BL



SOFTGRIP DUMBBELLS
RAWT-11060BL - 5KG
RAWT-11061BL - 1KG
RAWT-11062BL - 2KG



ANKLE WEIGHTS
RAWT-11073BL - 5KG
RAWT-11074BL - 1KG
RAWT-11075BL - 1.5KG



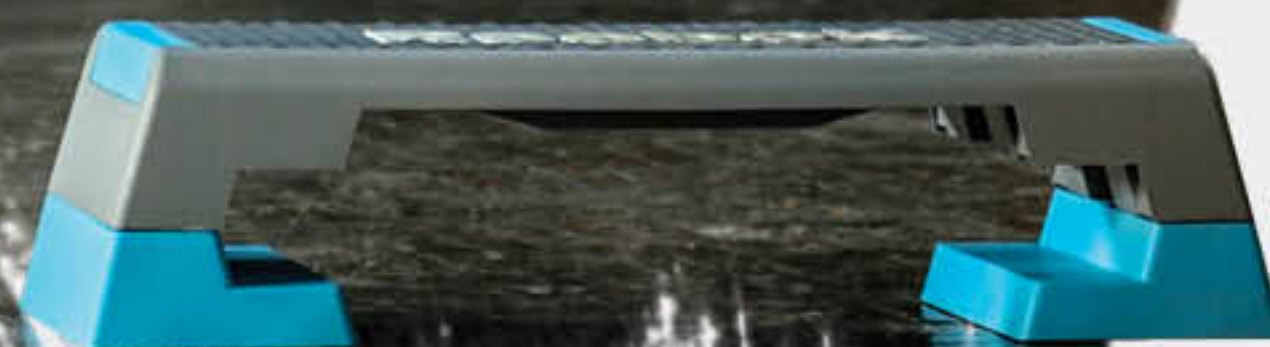
WRIST WEIGHTS
RAWT-11070BL - 5KG
RAWT-11071BL - 1KG
RAWT-11072BL - 1.5KG



GRIP TRAINER
RAWT-11035



REEBOK STEP
RAP-11150BL





DUMBBELLS & KETTLEBELLS



DUMBBELL
RAWT-11151 - 1KG
RAWT-11152 - 2KG
RAWT-11153 - 3KG
RAWT-11154 - 4KG
RAWT-11155 - 5KG



KETTLE BELLS
RAWT-18002GR - 2KG
RAWT-18004BL - 4KG
RAWT-18006GR - 6KG



DUMBBELL SET
RAWT-11156



YOGA





SEASONAL MATS & BAG



YOGA MAT (POE)
"OM OR NOTHING" - BLUE
RAYG-11040POE-OB



YOGA MAT (POE)
"CALM AND READY"
RAYG-11040POE-CA



YOGA MAT (POE)
"SHUT UP YOU'RE AWESOME"
RAYG-11040POE-SH



YOGA MAT (POE)
"OM OR NOTHING" - WHITE
RAYG-11040POE-OW

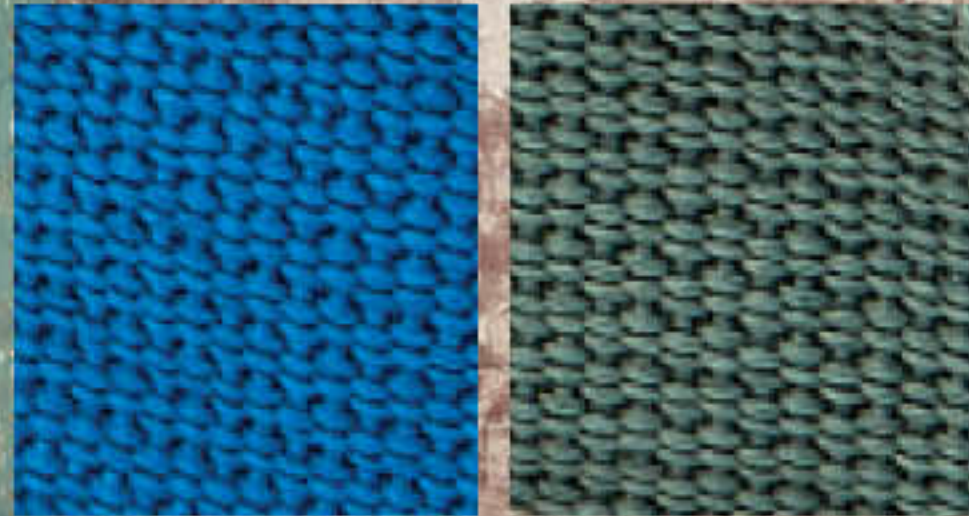


YOGA TUBE BAG
RAYG-10051BL





MAT CARRY STRAP
BLUE - RAYG-10024BL
GREEN - RAYG-10024GN



YOGA STRAP
BLUE - RAYG-10023BL
GREEN - RAYG-10023GN



YOGA BLOCKS



SHAPED YOGA BLOCK
RANG-10035GN



YOGA BLOCK - BLUE
RANG-10025BL



4MM YOGA MATS



YOGA MAT - BLUE
RAYG-1102BL



YOGA MAT - DESERT DUST
RAYG-1102DD



YOGA MAT - DARK GREEN
RAYG-1102DG



YOGA MAT - GREEN
RAYG-1102GN



YOGA MAT - PURPLE
RAYG-1102PL



YOGA MAT - BRUSH STROKES
RAYG-1103BR



YOGA MAT - HELLO HI
RAYG-1103HH



YOGA MAT - GEOMETRIC
RAYG-1103PL



DOUBLE SIDED YOGA MATS



YOGA MAT - YOGA
RAYG-11030YG



YOGA MAT - STRIPES - GREEN
RAYG-11030GN



YOGA MAT - PURPLE/GREY
RAYG-11060PLGR



YOGA MAT - BLUE/GREEN
RAYG-11060BLGN





FOLDED 6MM YOGA MATS



FOLDED YOGA MAT - BLUE
RAYG-11050BL



FOLDED YOGA MAT - RUSTIC
RAYG-11050RW

RUNNING



ON THE RUN

A ENDURANCE HYDRATION BACKPACK RRAC-10109
B SKULL CAP RRAC-10128
C THERMAL RUNNING GLOVES S RRG1-10112YL



ENDURANCE HYDRATION BACKPACK

- Adjustable padded shoulder and waist straps
- Bite valve for controlled hydration
- Clip loops for quick LED attachment
- Large main compartment
- 5 internal pockets & hydration sleeve
- Easy access side pockets
- Waterproof material
- 27L total bag capacity
- 2L capacity hydration pack

SKULL CAP

- Black or yellow reversible
- Double layer fabric for added comfort
- One size fits all
- Reflective logo for added visibility



THERMAL RUNNING GLOVES

- Contrasting black and yellow design
- Reflective for improved visibility
- Inner fleece lined for added warmth
- Smart Touch screen technology
- Textured palm for enhanced grip



*DISTANCE
WAIST BELT*

- Long distance running waist belt
- Water resistant storage compartments
- 4 x 200ml bottle holders
- Adjustable belt with buckle

RRAC-10105

*FASTER
THAN
YESTERDAY*



RUNNING VEST

- Lightweight & high visibility
- Breathable mesh
- Available in S/ M and L /XL

- A WRIST WATER BOTTLE RRAC-10210
- B SPRINT STORAGE BELT RRAC-10106
- C RUNNING VEST S/M RRAC-10112
- D RUNNING VEST L/XL RRAC-10113



- A RUNNING WATER BOTTLE RRAC-10220
- B HEADBAND RRAC-10125
- C RUNNING STORAGE BELT RRAC-10107
- D COMPRESSION CALF SLEEVE S RRS-10212
- E COMPRESSION CALF SLEEVE M RRS-10213
- F COMPRESSION CALF SLEEVE L RRS-10214
- G COMPRESSION CALF SLEEVE XL RRS-10215



*COMPRESSION
ARM SLEEVE*

- Compression fit contours to the body for maximum muscle support

DESIGN AND MATERIALS

- Highly reflective honeycomb design for increased visibility
- Inner breathable fleece wicks away sweat and provides warmth in cold weather

S RRS1-10112
M RRS1-10113
L RRS1-10114
XL RRS1-10115



SEE AND BE SEEN.

Wearing high-vis accessories to ensure you're seen in the dark whilst running is extremely important – so too are accessories like the LED head torch so you can see the ground beneath your feet and obstacles up ahead.

From gloves and hats to hydration backpacks and high-vis gear, the Reebok Fitness Running range helps protect runners from the cold, wind and rain whilst ensuring they can see - and can be seen in the dark.

- A LED HEAD LIGHTS RRAC-10155
- B REFLECTIVE SNAP BAND RRAC-10117
- C LED RUNNING VEST S/M RRAC-10114
- D LED RUNNING VEST L/XL RRAC-10115



C

B

RUNNING GLOVES

REFLECTIVE RUNNING GLOVES

- Touch screen technology
- Ultra reflective material
- Textured palm for enhanced grip

REFLECTIVE RUNNING GLOVES (S) RRGL-10142YL
REFLECTIVE RUNNING GLOVES (M) RRGL-10143YL
REFLECTIVE RUNNING GLOVES (L) RRGL-10144YL



RUNNING GLOVES

- Touch screen technology
- Luminous yellow for added visibility
- Textured palm for enhanced grip

RUNNING GLOVES (S) RRGL-10122YL
RUNNING GLOVES (M) RRGL-10123YL
RUNNING GLOVES (L) RRGL-10124YL



ALL-WEATHER RUNNING GLOVES

- Touch screen technology
- Retractable wind and waterproof hood
- Textured palm for enhanced grip

ALL-WEATHER RUNNING GLOVES (S) RRGL-10132YL
ALL-WEATHER RUNNING GLOVES (M) RRGL-10133YL
ALL-WEATHER RUNNING GLOVES (L) RRGL-10134YL



THERMAL RUNNING GLOVES

- Touch screen technology
- Inner fleece lined
- Textured palm for enhanced grip

THERMAL RUNNING GLOVES (S) RRGL-10112YL
THERMAL RUNNING GLOVES (M) RRGL-10113YL
THERMAL RUNNING GLOVES (L) RRGL-10114YL



COMBAT



COMBAT LEATHER TRAINING GLOVE

- 5mm gel protection for added security and impact absorption.
- Antimicrobial lining provides added comfort and neutralises odour.
- Double layered EVA provides better protection, added comfort and wrist stability.
- High cuff with padding for wrist support and protection.
- Injection foam padding for better fit and malleability.
- Ventilation for added comfort and cooling effect.

RSCB-10010WH-10
RSCB-10010WH-12
RSCB-10010WH-14
RSCB-10010WH-16



COMBAT LEATHER TRAINING GLOVE

- Double Velcro® loop wrist support.
- Ventilation for added comfort and cooling effect.
- Injection foam padding for better fit and malleability.
- 5mm gel protection for added security and impact absorption

RSCB-10110RD-10
RSCB-10110RD-12
RSCB-10110RD-14
RSCB-10110RD-16



BOXING GLOVES WHITE AND GOLD

- 5mm gel shock absorption for protection and comfort at the point of contact.
- Built-in Tetra Impact System
- Injection foam padding for better ergonomic fit around the hand and cushioning on impact.
- Ventilation for added comfort and cooling effect.
- Wrap around wrist support to guard against potential injury and ensure a secure fit.

RSCB-111176D-10
RSCB-111176D-12
RSCB-111176D-14
RSCB-111176D-16



BOXING GLOVES BLACK AND GOLD

- 5mm gel shock absorption for protection and comfort at the point of contact.
- Built-in Tetra Impact System
- Injection foam padding for better ergonomic fit around the hand and cushioning on impact.
- Ventilation for added comfort and cooling effect.
- Wrap around wrist support to guard against potential injury and ensure a secure fit.

RSCB-11117GB-10
RSCB-11117GB-12
RSCB-11117GB-14
RSCB-11117GB-16



BOXING GLOVES GREY

- Breathable palm with ventilation mesh
- Easy to put on/take off and secure in place with Velcro® strap
- Ideal for sparring practice and all types of combat training
- Protective padding

RSCB-11116GR-10
RSCB-11116GR-12
RSCB-11116GR-14
RSCB-11116GR-16



BOXING GLOVES BLACK

- Breathable mesh palm for ventilation.
- Easy to put on/take off.
- Elastic Velcro strap for secure and comfortable fit.
- Protective polyurethane padding to reduce risk of injury to the knuckles.
- Vinyl skin makes the gloves easy to clean and wipe down after use.

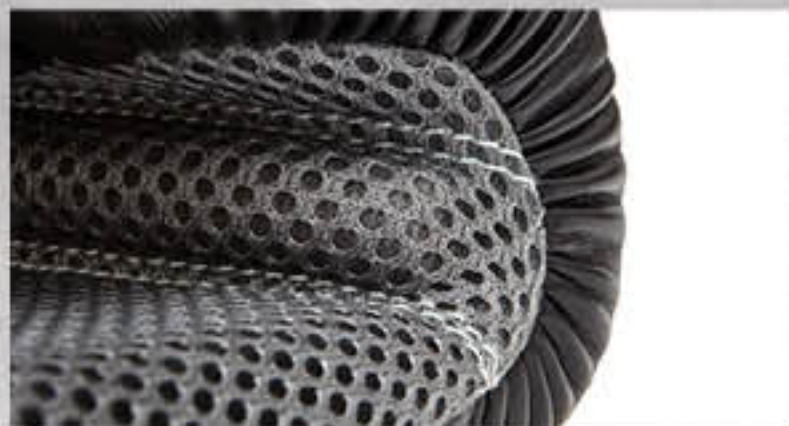
RSCB-12010BK-10
RSCB-12010BK-12
RSCB-12010BK-14
RSCB-12010BK-16



BOXING MITTS GREY

- Easy to pull on/off - ideal for use in circuits.
- Elasticated wrist support for comfortable fit.
- Generously padded for comfort and ergonomic support.
- Ideal for pad work and circuits.
- Ventilated palm design and open thumb for cooling effect.

RSCB-11130GR



COMBAT LEATHER MMA GLOVE

- Open palm design for mixed martial arts grappling techniques
- Tough leather construction with padded strike surface
- Wrap around wrist support for a secure fit

RSCB-10310RDBK - S
RSCB-10320RDBK - M
RSCB-10330RDBK - L
RSCB-10340RDBK - XL



COMBAT MMA GLOVE

- Open palm design for grappling
- Padded knuckle area and thumb for added protection
- Tough PU construction with Velcro strap closure
- Wrap around wrist support for a secure fit

RSCB-10410RDBK - S
RSCB-10420RDBK - M
RSCB-10430RDBK - L
RSCB-10440RDBK - XL



COMBAT FOCUS PAD

- Adjustable strap on the back for a secure fit
- Curved mitt shape
- Easy on/off back glove
- Foam padded to protect both trainer and boxer
- Full leather Focus Pads

RSCB-11250



HOOK & JAB PADS

- Buckle fastening for secure fit and comfort.
- Constructed with polyethylene foam.
- Dome shaped palm grip for natural hand placement and palm protection.
- Open ended finger sleeves for ventilation.
- Wrist support to help withstand strikes and varying combinations.

RSCB-11150RD



COMBAT STRIKE PAD

- Dimensions: 71 x 38 x 13cm
- Hard wearing straps for precise control
- High density foam for impact protection
- Premium synthetic leather for long lasting durability and functionality
- Ultimate training shield for boxing and combat sports

RSCB-11200

COMBAT PRO THAI PADS

- Curved design to encourage correct form
- Double hook and loop fastening
- Gel impact cushioned strike zone
- High quality leather construction
- Microfiber forearm grip

RSCB-11256





COMBAT BODY SHIELD

- Adjustable waist and back straps to keep shield securely in place
- Essential full body protection for boxing or martial arts training
- Moulded hard wearing outer shell with shock absorbing qualities
- One size
- Provides unrestricted movement with padded interior

RSCB-11265



COMBAT HAND WRAPS

- 10% Elastane 90% Cotton for comfort and flexibility
- 180" length
- Hook and loop fastening for a secure fit

RSCB-11158



BOXING STAND

- 139 (L) x 125 (W) x 218 (H) cm
- Accommodates most heavy boxing bags
- Easy to assemble and easy to move within the home or commercial gym environment
- Includes 3 weight pegs and 3 floor mounting holes (fixing not included)
- Max weight up to 65kg (if secured to the ground or with further weights)
- More convenient than fitting to a wall bracket
- Steel construction ensures stability and durability

RETAIL 4FT PU BAG

- 4ft Reebok Combat Boxing Bag
- Allows for 360 degree boxing or combat sports training
- Durable yet soft nylon construction
- Sturdy and secure suspension straps with hook and loop closure for attaching to boxing stand

RETAIL SPEED BAG

- Constructed with heavy duty leather
- Lightweight, ideal for improving punching skill, timing, rhythm and conditioning
- Solid rebound mechanism
- Stitched panel construction ensures durability

A BOXING STAND RSCB-11285
B RETAIL 4FT PU BAG RSCB-11280
C RETAIL SPEED BAG RSCB-11270



COMBAT BOXING STAND

RSCB-11287

COMBAT UPPER CUT BAG

- 4 heavy duty hanging chains with welded attachments
- Angled upper cut boxing bag
- Ideal for home and commercial use
- Ideal for practising upper cut technique specifically but also for all-round training
- Made from extremely durable and synthetic leather

RSCB-11205



COMBAT BOXING STAND

- High density foam padding with tough, heavy-duty PU shell
- Ideal for kickboxing, traditional boxing and MMA-style training
- Stable base can be filled with either water or sand

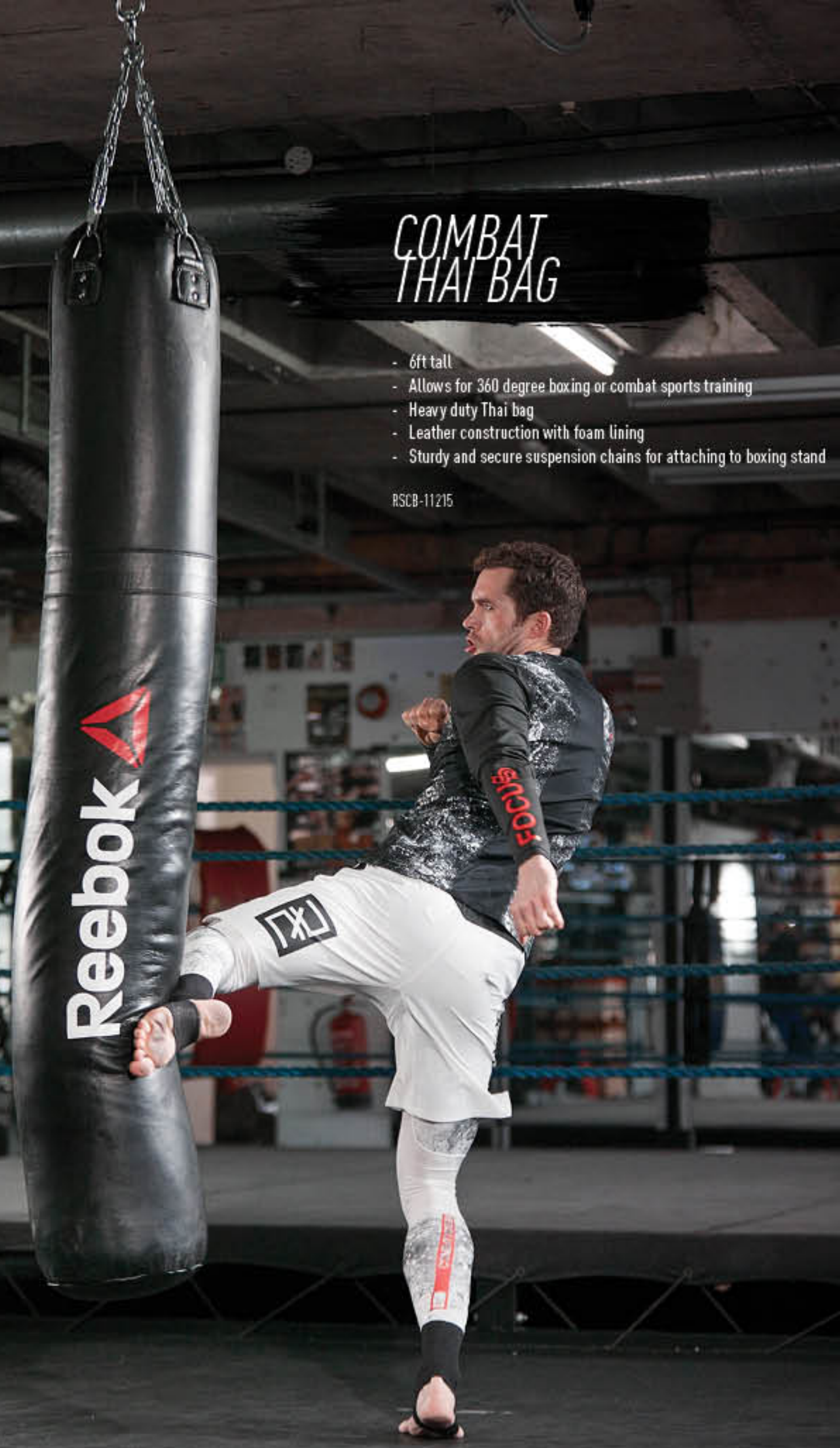
RSCB-11160



COMBAT THAI BAG

- 6ft tall
- Allows for 360 degree boxing or combat sports training
- Heavy duty Thai bag
- Leather construction with foam lining
- Sturdy and secure suspension chains for attaching to boxing stand

RSCB-11215



COMBAT HEAVY BAG - 65KG

- 5ft tall, 65kg
- Allows for 360 degree boxing or combat sports training
- Heavy duty punch bag
- Leather construction with foam lining
- Sturdy and secure suspension chains for attaching to boxing stand

RSCB-11225





COMBAT 4FT BAG - 40KG

- 40kg leather Reebok Combat Punch Bag
- Allows for 360 degree boxing or combat sports training
- Complete with secure hanging chains for attaching to a boxing stand
- Height 4ft

RSCB-11245

COMBAT GRAPPLING BAG

- 4ft grappling bag ideal for MMA and boxing training
- Leather construction
- Life-like torso shape to mimic opponent

RSCB-11275

FUNCTIONAL





BATTLING ROPE

RSRP-10050



PLYOSTACK

Aim high, jump high. Plyometrics, or jump training, is designed to help athletes of all levels build power and explosiveness. Featuring a 5 tier design, the Reebok PlyoStack provides variable box jump heights for you to customise, aim high and achieve your personal best. Robust yet soft, the platform helps you to increase leg strength, stamina and jumping form.

- 75mm RSAC-1010A-075
- 150mm RSAC-1011A-150
- 300mm RSAC-1011A-300
- 455mm RSAC-1011A-455
- 610mm RSAC-1011A-610

HEX DUMBBELL

- Rubber coated solid steel to reduce noise and damage
- Black knurled steel handle for a solid grip

Dumbbells are among the most widely used pieces of equipment and are a vital tool in any functional training regime. Strong and robust, the Reebok Hex Dumbbells are available in weights ranging from 5kg up to 50kg, and the black knurled steel handle ensures a solid grip whilst the hexagonal shape prevents the weights rolling during lifting sessions.

5KG RSWT-11050	25KG RSWT-11250
7.5KG RSWT-11075	27.5KG RSWT-11275
10KG RSWT-11100	30KG RSWT-11300
12.5KG RSWT-11125	35KG RSWT-11350
15KG RSWT-11150	40KG RSWT-11400
17.5KG RSWT-11175	45KG RSWT-11450
20KG RSWT-11200	50KG RSWT-11500
22.5KG RSWT-11225	



WALL MOUNTED
PULL UP BAR

RSRG-10600



PARALLEL
BARS

RSRG-10500



SUSPENSION
RINGS

RSRP-10060

STACKING IT UP.

Storage racks keep your weight plates organised and your training area neat and safe.

The horizontal plate storage provides easy access to your Olympic weights and is the rack you'll typically see at major weightlifting events alongside the lifting platform. It also features a handle on one end and wheels on the other to ensure it can be easily transported.

Alternatively, the vertical plate storage stacks your bumper weights up high meaning a much smaller footprint. It's solid and has wheels for better manoeuvrability.

HORIZONTAL PLATE STORAGE

- Dimensions: 124cm (L) x 30cm (W) x 28cm (H)
- Keeps weight plates organised
- Maintains neat & safe training areas
- Integrated handle and wheels

RSWT-20200

VERTICAL PLATE STORAGE

- Dimensions: 61cm (L) x 61cm (W) x 104cm (H)
- Space saving storage solution
- Olympic bumper plate storage
- Integrated wheels

RSWT-20100



BACK TO BASICS

An effective means of improving strength gains, full-body conditioning, agility and balance, the Cast Iron Kettlebells from the Reebok Functional range are available in weights ranging from 4kg up to 50kg, making them ideal for progressive functional training.



KETTLEBELLS

4KG RSWT-12304
8KG RSWT-12308
12KG RSWT-12312
16KG RSWT-12316
20KG RSWT-12320
24KG RSWT-12324

28KG RSWT-12328
32KG RSWT-12332
36KG RSWT-12336
40KG RSWT-12340
50KG RSWT-12350



BUMPER PLATE

- 2.5KG RSWT-13025
- 5KG RSWT-13050
- 10KG RSWT-13100
- 15KG RSWT-13150
- 20KG RSWT-13200
- 25KG RSWT-13250



OLYMPIC HEX BAR



7FT OLYMPIC BAR

RSWT-14110

RSWT-14120



TRAINING BAR
15KG

RSWT-14111



7FT PERFORMANCE
OLYMPIC BAR - 20KG

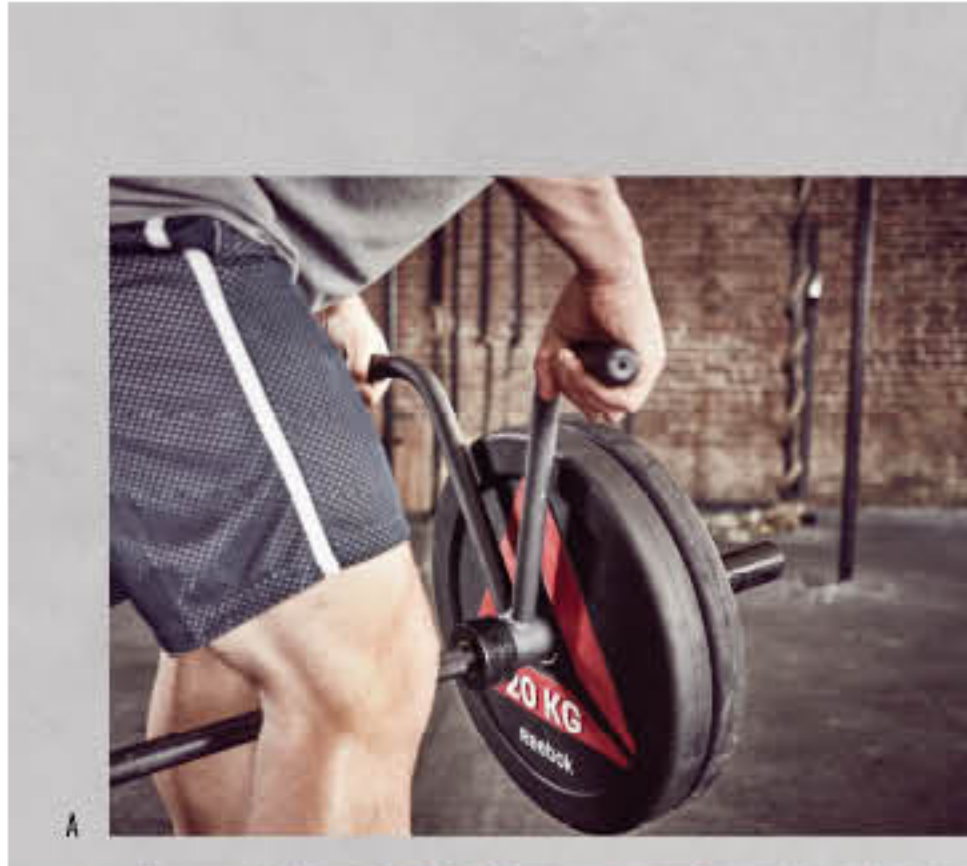
RSWT-14111





A FREESTANDING TORSO TRAINER RSAC-10400
B 7FT OLYMPIC BAR RSAC-14110

*BE COMEORTABLE
WITH BEING
UNCOMFORTABLE*



A



A CORE TRAINER BAR RSAC-10700
B SINGLE ROW OLYMPIC BAR RSAC-10800
C POWER BAR RSAC-10600



B C

POTENTIAL
IS LIMITLESS



SLAM BALL

2KG RSB-10228
3KG RSB-10229
4KG RSB-10230
5KG RSB-10231
6KG RSB-10232
8KG RSB-10233
10KG RSB-10234
12KG RSB-10235

DEDICATED SPACE

The Reebok Lifting Platform provides a dedicated, solid and secure space for powerlifting and weight training circuits. 24 individual dense rubber tiles make up the 2m x 3m lifting platform which bolts securely into place within the interlocking steel frame.

Significantly reducing impact noise when lifting and dropping weights, the shock-absorbing rubber tiles prevent damage to floors and wear and tear on your strength training equipment.

Easy to assemble and tough enough for heavy-duty Olympic powerlifting sessions day-after-day, the Reebok Lifting Platform offers everything you need and much more.

This is your territory, your dedicated zone and with a good platform underfoot, there's nothing to stop you beating your personal best.

Reebok

APPROVED BY ATHLETES

Introducing the Reebok Dynamax® Medicine Ball - Individually hand-made.

Measuring 35cm (14") in diameter, the Reebok Dynamax® Medicine Ball is designed to withstand regular and rigorous use, but at the same time is forgiving enough for users to safely catch the ball from a high velocity. Its solid and reliable construction means it keeps its shape after prolonged use.

The medicine ball's stitched design features a black shell with red panels, displaying the Reebok and Dynamax® logos and weight clearly. Its flexible surface successfully aids grip during workouts and can be easily cleaned due to its moisture resistant attributes.

Dynamax® medicine balls were the first on the market and are the ball of choice, used by over 90% of professional sports franchises and NCAA athletes throughout the USA. The Reebok Dynamax® collaboration ensures the ball is meticulously designed and constructed for throwing and handling, whilst effectively absorbing high impact.

2KG RSB-10162
3KG RSB-10163
4KG RSB-10164
5KG RSB-10165
6KG RSB-10166
7KG RSB-10167
8KG RSB-10168
9KG RSB-10169
10KG RSB-10170
11KG RSB-10172
12KG RSB-10173





A POWER BAND LEVEL 1 RSTB-10080
B POWER BAND LEVEL 2 RSTB-10081
C POWER BAND LEVEL 3 RSTB-10082



TARGET ANY MUSCLE GROUP EFFECTIVELY AND SIMPLY WITH THE REEBOK POWER BAND.

Made from a highly durable rubber which maintains its strength and flexibility after prolonged periods of use, the Reebok Power Bands come in three different colours, red, grey and black which signify the strength levels of light, medium and heavy (sold separately). This range of resistance provides the ideal platform for progressive training.



SPEED ROPE

RSRP-10083RD - RED
RSRP-10083BK - BLACK

LIFTING STRAPS

RSAC-10310



FUNCTIONAL GLOVES

RSAC-10320 - S
RSAC-10321 - M
RSAC-10322 - L
RSAC-10323 - XL
RSAC-10324 - XXL





A AB WEDGE MAT RSMT-40010
B FUNCTIONAL MAT RSMT-40030
C TRI-FOLD MAT RSMT-40021

*PUSH THROUGH
THE PAIN, ONE
REP AT A TIME.*

PRO FLAT BENCH

- 10" x 47.5" back support
- Easy to assemble
- 17" ground clearance provides greater stability
- Integrated wheels and handle for easy transport
- High density foam cushioning
- Stable, non-slip feet
- Easy wipe clean surface

PRO FLAT BENCH RSBE-10232





PRO UTILITY BENCH

- Easy to assemble
- 7 adjustable angles
- 3 seat adjustments
- 149 (L) x 56 (W) x 43 (H) cm
- 17" ground clearance provides greater stability
- Integrated wheels and handle for easy transport plus stable, non-slip feet

RSBE-10235



FOUNDATION OF STRENGTH

Rigs are renowned around the world for being the ultimate piece of functional training equipment. Reebok offer a range of rigs and modular components, all of which are designed and manufactured in the UK. We specialise in offering solutions for almost any potential functional training zone.

TRI RIG

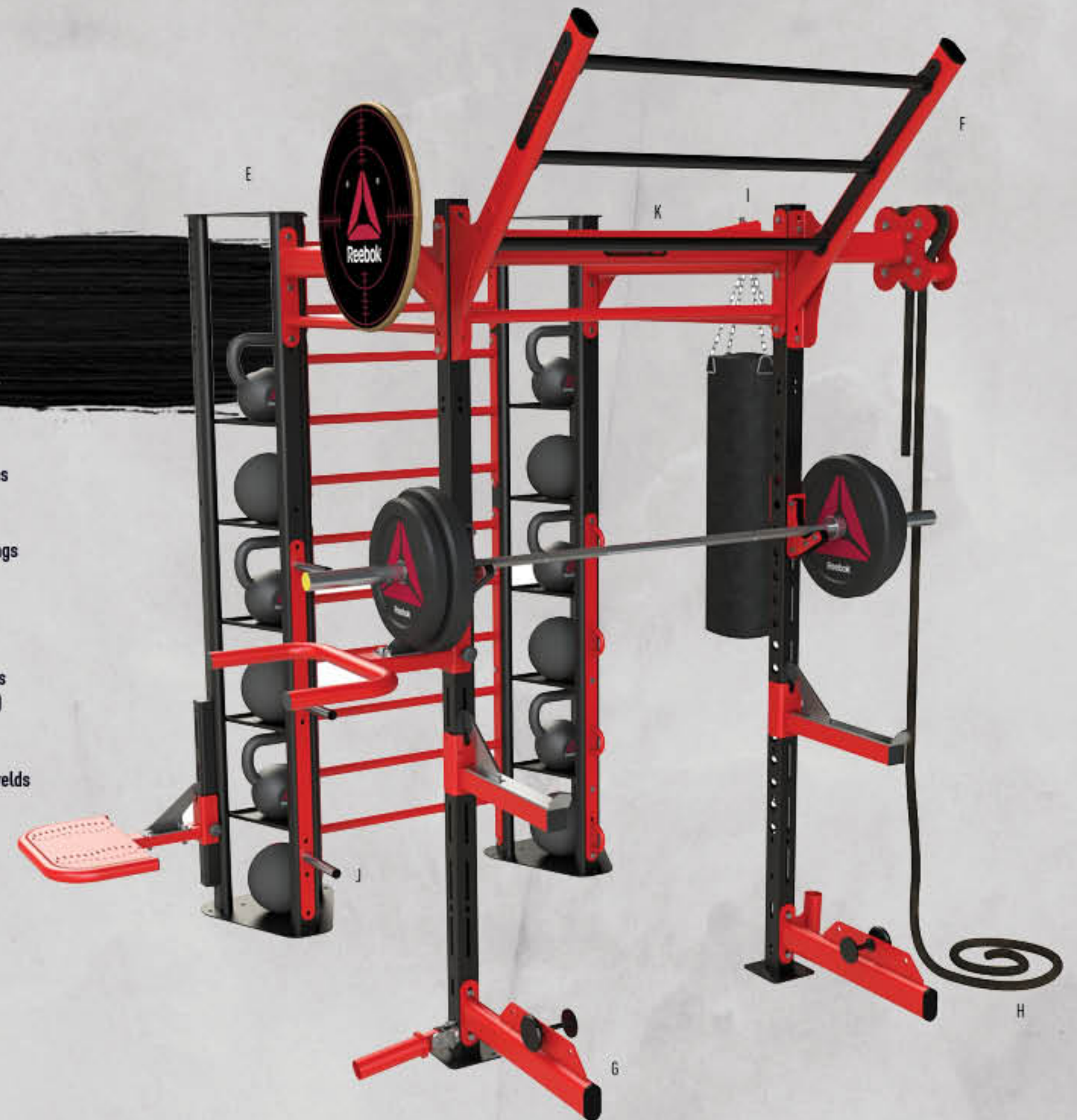
- Fully customisable
- Versatile and compact
- Free standing design
- Solid main frame
- Tiered storage solutions
- Quality fixtures & fittings
- Space efficient
- Core plate
- Bar storage
- Loop assembly
- Dip and step attachments
- Rope pull
- Rebound board



A TRI-RIG RSRG-11000
 B TRI RIG ATTACHMENT - 1.5M WING RSRG-11015
 C TRI RIG ATTACHMENT - 2M CONNECTING SECTION RSRG-11020
 D TRI RIG ATTACHMENT - INTEGRATED 100KG STACK RSRG-11100

POWER STATION

- Solid main frame
- Tower storage solutions
- Space efficient
- Combat unit
- Quality fixtures & fittings
- Integrated ladder
- Bar storage
- Core plate
- Loop assembly
- Dip & step attachments
- Safety spot arms (pair)
- J hooks (pair)
- Rebound board
- Lifetime warranty on welds and fixtures



E POWER STATION RSRG-12000
 F POWER STATION ATTACHMENT - 1M WING RSRG-12010
 G POWER STATION ATTACHMENT - BAND PEG ARMS RSRG-12020
 H POWER STATION ATTACHMENT - ROPE PULL RSRG-12020
 I POWER STATION ATTACHMENT - PUNCH BAG ARM RSRG-12060
 J POWER STATION ATTACHMENT - WEIGHT PLATE STORAGE RSRG-12070
 K POWER STATION ATTACHMENT - 2M CONNECTING SECTION RSRG-12080

STUDIO



**FREEDOM OF
MOVEMENT**

GYMBALL



55CM RSB-16015
65CM RSB-16016
75CM RSB-16017

IN A CLASS OF ITS OWN

REEBOK DECK



The professional Reebok Deck is a revolutionary, reconfigurable exercise platform which marks the latest evolution of the ever-popular original Reebok Step. Enabling you to perform effective cardio workouts based on aerobic stepping, plus it can convert into a flat, incline or decline weight bench.

With its natural inertia, low centre of mass and non-slip rubber surface, the Reebok Deck remains very stable and safe throughout every workout.

RSP-16170



REEBOK STEP

- Adjustable to 3 different heights
- Compact storage
- Suitable for all abilities
- Non-slip workout surface
- Versatile piece of equipment

RSP-16150



REEBOK CORE BOARD



RSP-16160



STUDIO LIFE STUDIO STYLE



A



B



C



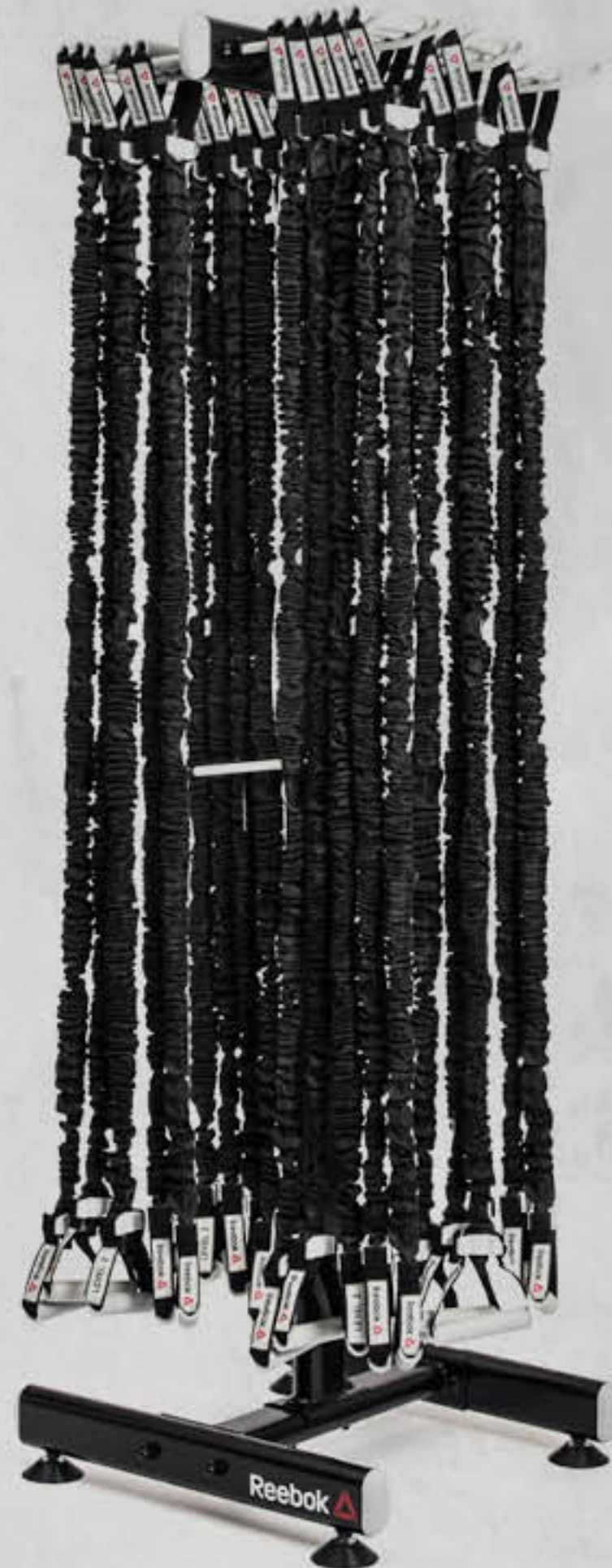
D

- A KETTLEBELL RACK RSRK-6KB
- B MEDICINE BALL RACK RSRK-6MB
- C REP SET RACK RSRK-6RS
- D DUMBBELL RACK RSRK-6DB

THE PROFESSIONAL CLASS ENVIRONMENT



A



B

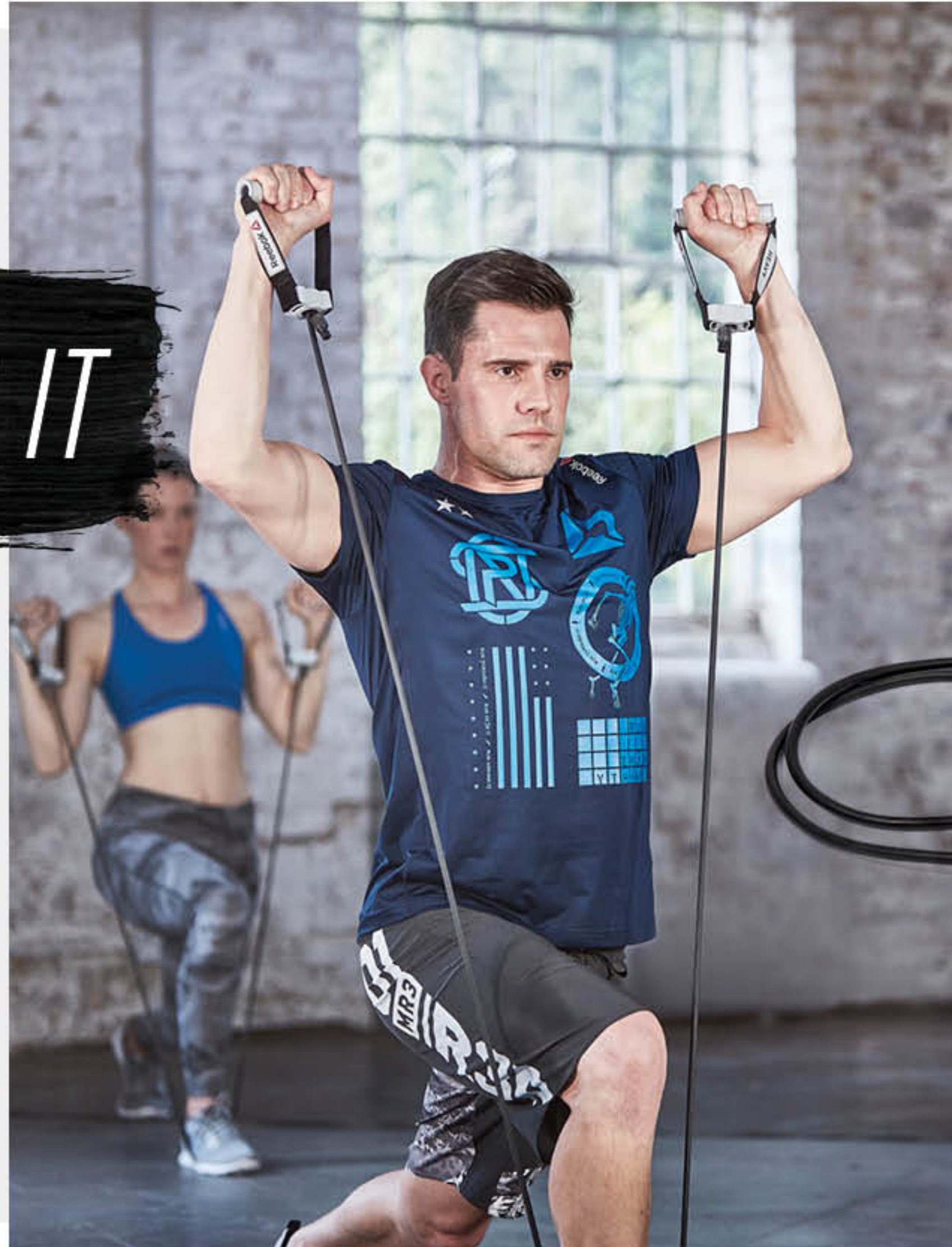


C

A GYMBALL RACK RSRK-6GB
B POWER TUBE RACK RSRK-6TB
C STUDIO MAT RACK RSRK-6MT



WORK FOR IT



LEATHER SKIPPING ROPE

- 100g weight in each handle
- 271cm in length
- Ergonomically designed handle for secure and comfortable grip
- High build quality provides smooth and consistent motion
- Offers an ideal cardio workout for users of all fitness levels

RSRP-16080

SKIPPING ROPE

- Ideal cardio workout
- For users of all fitness levels
- Lightweight with tough plastic handles
- Polymer

RSRP-16081



ADJUSTABLE RESISTANCE TUBE

- High density anti-sweat PU handles
- Ideal for body conditioning and circuit training
- Simple mechanism for adjusting the length

LIGHT RSTB-16075
MEDIUM RSTB-16076
HEAVY RSTB-16077



SPEED ROPE

- 300cm in length
- Extremely durable slender cord
- Simple elegant design

RSRP-16082



CHECK IN
WORK OUT,
REPEAT



*PUSH THE
BODY'S
LIMITS*



**STUDIO
KETTLEBELL**



STUDIO KETTLEBELL 4KG RSWT-16300
STUDIO KETTLEBELL 8KG RSWT-16301
STUDIO KETTLEBELL 12KG RSWT-16302
STUDIO KETTLEBELL 16KG RSWT-16303
STUDIO KETTLEBELL 20KG RSWT-16304
STUDIO KETTLEBELL 24KG RSWT-16305

**STUDIO
DUMBBELL**



STUDIO DUMBBELL 1KG RSWT-16051
STUDIO DUMBBELL 2KG RSWT-16052
STUDIO DUMBBELL 3KG RSWT-16053
STUDIO DUMBBELL 4KG RSWT-16054
STUDIO DUMBBELL 5KG RSWT-16055
STUDIO DUMBBELL 6KG RSWT-16056
STUDIO DUMBBELL 7KG RSWT-16057
STUDIO DUMBBELL 8KG RSWT-16058
STUDIO DUMBBELL 9KG RSWT-16059
STUDIO DUMBBELL 10KG RSWT-16060
STUDIO DUMBBELL 12.5KG RSWT-160625
STUDIO DUMBBELL 15KG RSWT-16065
STUDIO DUMBBELL 17.5KG RSWT-160675
STUDIO DUMBBELL 20KG RSWT-16070

BALANCE
RECOVER
RECHARGE



FOAM ROLLER

Foam rolling is a form of self-myofascial release, or self-massage, that can help loosen up tight muscles and stimulate the healing and recovery process.

Use the long foam roller for core stability or to apply a medium amount of massage pressure. Made from high density foam, the design of this foam roller ensures it will not warp over time. Use the shorter version of the Reebok Foam Roller if you intend to take it with you to the gym or fitness class to incorporate into your post-workout stretching and recovery.

A LONG ROUND FOAM ROLLER RSYG-16007
B SHORT FOAM ROLLER RSYG-16009



BACK TO BASICS, TO THE FLOOR

STUDIO MAT

- Dimensions: 100 x 50 x 1cm
- Formed from a single piece of foam
- Includes two eyelets for easy storage
- Designed to be durable and long lasting
- 10mm thick Reebok Studio Mat

RSYG-16021



CLEAR
YOUR MIND

- A ELITE YOGA MAT RSYG-16022
- B YOGA BLOCK RSYG-16025
- C YOGA STRAP RSYG-16023
- D PILATES MAT RSYG-16027
- E YOGA MAT RSYG-16024
- F YOGA MAT - BLACK RSYG-16024BK
- G PILATES MAT RSYG-16028





Reebok

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